

Scotts Valley Senior Center Mission Statement

The Senior Center's purpose is to provide a place where seniors may find companionship, help and the opportunity to pursue their interests in educational, recreational and craft activities, and to promote the goodwill and public interests of the community. It is a non-profit, non-sectarian and non-political organization of friendly neighbors.

Dues are \$20.00 per year, payable each July 1st. All donations are tax-deductible. Please make check payable to Scotts Valley Senior Center. Lifetime Membership fee is \$100. To be eligible for membership, you must be 50 years or older. New members pay pro-rated dues.

Darshana Croskrey
(831) 438-8666
Center Coordinator
dcroskrey@scottsvalley.org

See this and older newsletters at www.fbergholz.com
Senior Center Website: www.scottsvalley.org/parks/senior_center.html
www.myscottsvalley.com and www.facebook.com/MyScottsValley

Center closed EVERY 4th Friday of the month for ADMINISTRATION DAY: 2/26, 3/25, 4/22, 5/27, 6/24, 7/22, 8/26, 9/23, 10/28, 11/25, 12/23

Scotts Valley Senior Center Hours

Monday & Wednesday: 10 am - 4 pm

Tuesday, Thursday, Friday: 10 am - 2 pm

Other Hours for Special Events

Directors office hours:
10 am to 1 pm on work days

Phone Number: 831-438-8666

Address: 370 Kings Village Road
Scotts Valley, CA 95066

Please note - On the fourth Friday of every month, the center will be closed. No classes or activities will take place on these days. We apologize for any inconvenience this may cause.

Center Board Members

Ferd Bergholz ~
Chairman of the Board
Harvey Bustichi
Gary Cramer
Gillian McGlaze
Terri Ritchie
Margaret Schraft
Tom Steinhaus



Editor:
Becca
Mosley



Scotts Valley Senior Center



Scotts Valley Senior Center



February 2016 Newsletter

Coordinator's Message



As the saying goes, "Time flies like an arrow, fruit flies like a banana..."

It seems as though the holiday season flew by. Even the New Year is but a sweet memory. So now we are ready for Valentine's Day, in a Leap Year no less! Welcome Back Dear Members to another fun-filled year at the Scotts Valley Senior Center.

But first, a brief recap as it has been two months since we connected. Here at the center, the last three months of every year are like an "E" ticket ride. There were mountains we climbed and valleys that plunged, blackouts of quiet and chaotic bright lights...through it all I and my WONDERFUL volunteers grinned or bared teeth and hung on for dear life! We looked to January for a reprieve, a little slower pace of life – Hah, not a chance!

There are so many **Thank You's**, however, time and space are once again my enemies. I can only say **THANK YOU TO EACH AND EVERY ONE OF YOU** (you all know who you are). You stepped up to lend your support when asked or where you saw a need. Chiara, Terri, Pearl and J.R., we thank you all as our entertainers for the Holiday Luncheon. Board Member, Gary Cramer, did a great job as the Chair for the NYNYEve event with his strong team. Charlotte, Terri and Chi-Cha and everyone else who had a hand in the kitchen through ALL the events with Marlene – **THANK YOU!!!** Donna Silvia and all of you who assisted with the decorating for ALL the events – **THANK YOU**. A very special THANK YOU to Bethany Grace, Michelle Jones and Sue Rose for an incredible job on the raffles and auctions. Last but not least, Thank You Mayor Donna Lind for your presence and support at our celebrations and events throughout the year.

Coming up, **Scotts Valley Rotary** will be cooking this month at our monthly luncheon. Sign up for their YUMMY dinner and fun. Thank you George Haas and Sammy Khalil for signing on as new volunteers van drivers. You guys are stars!!! We will once again start the viewing of movies at **Muncheon Movie** in March....As usual, I have way to much to share but am out of time!

Until Next Time ~ **Darshana Croskrey**



February Luncheon

Hosted by the Scotts Valley Rotary Club

Friday, February 19th

1pm - 3pm

Members \$10 / Non-Members \$12
(Sign up by close of day February 16th)

Menu

Seasonal Green Salad
Pork Tenderloin . Scalloped Potatoes
Roasted Cauliflower
Dessert Surprise



Shirley Supina of Hospice Invites You to "Advance Health Care and End of Life Planning Decisions"

We brought you the Senior Health Faire to help keep you in your homes and independent as long as possible. We brought you Estate Planning so you could put your financial affairs into order. Scotts Valley Senior Center has once again teamed up with Montevelle Community Life to share a resource with you that EVERYONE should know about. Conducted by Hospice of Santa Cruz County, it is called, "**Advance Health Care and End of Life Planning Decisions**". It is not a topic that most of us want to address BUT it is a smart decision to do so for MANY reasons. Before you even reach "that" stage, it is vital to know what your options will be, how to keep those options open, understanding the fine print regarding your wishes and knowing about all the resources that are available to you. Knowledge is power and as I always say, be proactive versus reactive - YOU are YOUR best advocate!!!

Date: Saturday, March 12th

Time: 3:00 pm

Place: The Montevelle Mill House at
552 Bean Creek Road
Scotts Valley CA 95066

Cost: FREE

Refreshments will be served

For your convenience, due to the limited parking available at The Mill, the Senior Center will be running a shuttle from the car park across the street from senior center where there is plenty of parking.

TELL your family members, friends and neighbors about this vital event!

BRING your family members, friends and neighbors to this vital event! We look forward to seeing you.

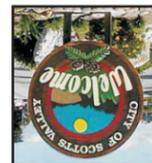
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Happenings at the Center



New York New Year's Eve Celebration!



Photos by Donna Silvia

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Maurice Mamon
831.247.1566
OVER 15 YEARS EXPERIENCE

Our Center is happy to welcome new Bronze Level sponsor, Maurice Mamon of Aardvark Technical Services. Members will also be glad to know that he will be taking over the Technology Open Sessions from Ayan starting October 7th. So come on in and see Maurice for help with your digital toys on Wednesdays. Please note the new time of 2pm to 4pm.

Thank You Maurice!

Copper Business Sponsors

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*Scotts Valley
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Jeanne Shada, CCAM
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Scotts Valley, CA 95066 F: (831) 438-3206
shadaway@aol.com



Breakfast & Lunch
Monday - Sunday
6 am - 2 pm

Auntie Mame's
3103 Scotts Valley Drive
Scotts Valley, CA 95066
831-438-1840



Santa Cruz Moose Lodge #545
831.438.1817
2470 El Rancho Drive
www.scmoose545.org

**Rotary Club of
Scotts Valley**

P.O. Box 66781
Scotts Valley CA 95067

*Humanitarian ~ Local & Global
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Meet Mondays at 12:15pm
at Bruno's Barbeque
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**Thank You
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**46th Annual
All You Can Eat (Best in the District)
Crab Cioppino Feed and Dance
Brought to you by
The Scotts Valley Host Lions Club**

Saturday, March 5, 2016

Where: C.P.D.E.S. Hall,
Harvey West Park. Santa Cruz
Time: 6:00pm No-Host Cocktails
7:30pm Dinner
Band 9:00 pm-Midnight

**Live band and dancing
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\$50.00 per person

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Scotts Valley Host Lions Club



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Thank You for Your Contributions

Activities

New York New Year's Eve Donations

Baskin Robbins	\$10 Gift Certificate	♥
Bumble Bee By the Sea	Inventory of raffles & silent auction items	
Business with Pleasure	GC for 1000 Business Cards w/30 Mins of Design Time	♥
Crow's Nest	\$50 Gift Certificate	
Darshana Croskrey	Gifts to augment Gift Baskets	♥
Donna Silvia	Gift Certificates, Nuts & Chocolates for Gift Baskets	
DVD to Go	\$25 Gift Certificate	♥
Eric's Deli	\$20 Gift Certificate	
Fine Arts Museums of SF	4 Tickets to the Palace of Arts/De Young Museum	♥
Gayle's Bakery	\$25 Gift Certificate	
Integrity Auto	Oil Change Service	♥
Larry's Auto Care	One Free Lube & Oil Change Service	
Leatrice Bachan	Zumba Gift Basket	♥
Maya's Mexican Restaurant	\$30 Gift Certificate	
Mollie's Country Café	\$20 Gift Certificate	♥
Patsy Rice	Hand-made quilt with a Japanese flair	
Padma Rudraraju	Yoga Gift Basket	♥
Rita's of Scotts Valley	\$10 Gift Certificate	
San Jose Sharks	Four Tickets to a Sharks Game	♥
Santa Cruz Warriors	Warrior wear and four tickets to a game	
Scotts Valley Car Wash	Gift Basket	♥
Stockwell Cellars	Two bottles of Wine	
Sue Rose	Gifts to augment Gift Baskets plus Champagne	♥
Scotts Valley Hilton	One Night Gift Certificate	
SV Senior Center	Entertainment Entry for 2016	♥
U-Save Liquors	One case of wine	
Valley Gardens Golf Course	Two x Gift Certificate for a round of golf for two	♥
William Greene Jewelers	Sterling Silver pendant and chain	
Zinnia's	\$15 Gift Certificate	



Center Donations

Anonymous	Hand-crocheted lap rug to raffle for Spring Pancake Breakfast	♥
Ferd Bergholz	Set of Cuisinart knives for the kitchen Cambro & Roller Tray for the kitchen	
Gary & Jill Cramer	Super Pack of kitchen sponges	♥
Charlotte Hagoosian	Fresh evergreen wreath Three French Poinsettias	

MAKING CHANGE IS HARD TO DO!

In order to make the lives of our hard working receptionists easier, please remember to keep extra dollar bills handy when coming to the center.



MEDITATION ✨

with Doug Herda



This class will be taught by member, Doug Herda, who has been practicing meditation for 25 years. A former software development professional for over 40 years, he found that meditation enriched his life and kept him centered in the hectic pace of technology. Doug received his meditation teacher training certificate two years ago through the Ananda School of Yoga and Meditation and uses the Hong-Sau method.

This class will be conducted with participants sitting in a chair.

Class will begin with a structured opening followed by a concept lesson. It will be followed by meditation and ending with a structured closing.

Day: Friday Meditation Drop-in 10am to 11am
Friday Meditation Beginner 11am to 12pm
(except every 4th Friday in the month)

Time: 10:00am to 11:00am

Where: Senior Center Library

Cost: Members \$2.00 / Non-Members \$3.00



SVSC BOOK WORMS

The Book Worms ended the year with a celebratory luncheon at Ristorante Italiano in Santa Cruz in December. They kicked off 2016 with a field trip to Porter Memorial

Library in Soquel to hear a local author speak! This field trip will be on-going up to and including April on the second Wednesday of the month.

IMPORTANT...

*** JUST for February, due to scheduling conflicts, the Book Worms will meet at the SV Library on FRIDAY February 26th from 1pm to 2:30pm in the larger glassed-in conference room.**

Upcoming Reading List:

February All the Light We Cannot See
Anthony Doerr

March Murder in the Pines
Kathryn Gualtieri

April The Lace Reader
Brunonia Barry

May All Together in One Place
Jane Kirkpatrick

Date: Friday, February 26th

Time: 1:00 pm

Where: Scotts Valley Library *

Cost: \$2 Members / \$3 Non-Members

Special Events

Armchair Topics and Birthday Celebrations



The topic of this month's session is "Anything Goes". YOU choose in which direction conversation goes. Darshana will be there to facilitate the laughter, the tears, concerns and celebrations. Come and participate in the conversation or just to listen. Armchair Topics is always followed by a fun monthly birthday celebration ~ All are welcome

Thursday, February 25th at 1 pm

Cost: FREE

Muncheon "No" Movie

In honor of it being Mardi Gras ~ Fat Tuesday ~ Shrove Tuesday, the following menu will be served:

Chicken & Andouille Sausage Gumbo
Cajun Rice & Collard Greens
Sugar Lemon Crepes

Date: February 9th
Time: Noon



Project Scout 2015 Tax Services for Senior Citizens

You may sign up for your tax appointment now by stopping by or calling the center at 831.438.8666. To qualify for this complimentary service, the following criteria apply:

- You are age 60 or above
- You classify as low-income
- At the time of the appointment, you must show your driver's license or ID card.

This service will take place EVERY Thursday from 1:30pm to 3:30pm from February 4th through April 14th

Appointment IS required, walk-ins ARE NOT accepted.

Please arrive at 1:30pm with ALL your paperwork and a good book – appointees will be seen in the order that they signed up.



to the following Scotts Valley Senior Center Members. If You see any of these Members, please wish them a HAPPY BIRTHDAY. Best wishes from the entire Scotts Valley Senior Center.

HAPPY BIRTHDAY to our February Members!

Paula Kuty	1	J.C. McKellar	2	Jean K Petersen	2
Diane Stover	2	Millie Bustichi	3	Richard Dennis	3
Pat Bont	5	Arthur Welch	7	Douglas Herda	8
Diane Welcher	8	Gerry Boyes	9	Mary Childs	9
Joan K Bedford	11	Beverly J. Martin	11	Robert Mazurek	13
Ann Rupert	14	Lynn McKibbin	16	Mary Jean Gazeley	17
Kay Amos	19	Cris Ballinger	20	Liz Beitzel	20
Janie Bernstein	20	R. (Scotty) R. Scott	20	Georgette (Dolly)	22
Dee O'Brien	22	Roger R. Kern	23	Cheryl Luehmann	23
Reiko Akiyoshi	24	Michele Boynton	24	Fran Rosen	25
Michele Jones	26	Elaine Lewis	26	Gayle Amack	28
Bernice L. Smith	28	Laurie Stanley	29		

Activity Leaders

		m = Members	n/m = Non-Members
Art of Sketching	Sammy Khalil	\$5 m	\$7 n/m
Bingo	Project Scout	\$.50 per card	
Bocce	Susan Taylor	\$2 m	N/A
Book Worms	Patsy Rice	\$2 m	\$3 n/m
Bunko	Irene Bustichi/Sandy Payton	\$7 m	\$8 n/m
Bridge	Marilyn Snyder	\$2 m	\$3 n/m
Canasta	Mercedes Sarsi	\$2 m	\$3 n/m
Chess	Peter Maurer	\$2 m	\$3 n/m
Computer Lab	Maurice Mamon	Free	Free
Coffee & Conversation	Connie Adkins/ Suki Marin	Free	N/A
Stretch & Condition	June Barber	\$2 m	\$3 n/m
Home Arts	Billie Street	\$5 m	\$6 n/m
Line Dance	Tamima Schwartz	\$2 m	\$3 n/m
Mahjong	Darshana Croskrey	\$2 m	\$3 n/m
Meals on Wheels	Sandy Payton	\$2.50 m	\$2.50 n/m
Meditation	Doug Herda	\$2 m	\$3 n/m
Muncheon Movie	Marlene Flannery	\$5 m	\$6 n/m
Pinochle	Donna Silvia	\$2 m	\$3 n/m
Potluck Lunch	Sammy Khalil	\$2 + potluck dish	
Scrabble	Donna & Betty Cederlund	\$2 m	\$3 n/m
Ukulele	Stan Meidinger	\$7 m	\$8 n/m
Watercolor	Beverly Martin	\$10 m	\$15 n/m
Writing	Jack McKellar & Joanne Stewart	\$5 m	\$6 n/m
Yoga	Padma Rudraraju	\$3 m	\$5 n/m
Zumba	Leatrice Bachan	\$3 m	\$5 n/m

Special Thoughts

Sunshine Note



Thinking of You,
We Miss You ~

Life has its ups and downs
But we like to see smiles not frowns
If you're not feeling up to par
We send our thoughts to where you are
And if you're here and feeling blue
We hope our wishes uplift you!

Ken Bont
Charlotte Hagoosian
Wayne Johansen
Pitt Simmons
Alberta Young

The Gift of Giving

For the third year running, the busy Cookie Elves from Mrs. Benjamin's 2nd Grade Vine Hill Class, arrived bearing several dozen treat boxes! Each one of the hand-decorated boxes contained a variety of home-baked cookies. Thank You Mrs. Benjamin for undertaking this huge commitment every year together with your Room Parent, the students and their families. Each of us here at the center, appreciate all of your efforts!



Volunteer(s) Needed!!!

Due to health concerns, and after three years of taking care of this task, Sandy Payton can no longer launder the kitchen linens. This is a weekly one load chore. This is an essential task to the center's kitchen. Is there a member or members who will be willing to volunteer to take over??? Please see Marlene at 831.438.8666 – Thank You!!!



Welcome New Members

Hilemi Bowers, Judy Ferguson, Jeff Frazer, George Haas, Charlotte Hagoosian, Joe Lavelle and Pam Smith

THANK YOU FOR JOINING OUR SV SENIOR CENTER

Want to become a member?

Join the center, join the fun...It's easy as 1.2.3.

- 1 - See one of our nice receptionists during center hours
- 2 - Spend two minutes filling your membership application form
- 3 - Turn in form and \$20 annual fee to the nice receptionist – DONE!
(New members pay pro-rated dues)

Sponsor Updates

Please join me in welcoming Patrick Welch as a Copper Sponsor. He lives locally and is the husband of member, Debbie Welch. If you have a need for fiduciary services, Patrick may be your answer. Please check out his website to see his qualifications, experience, affiliations, testimonials and contact information.

Our sponsor, the SV Host Lion Club invites you to their annual All-You-Can-Eat Crab Cioppino Feed & Dance on Saturday March 5th at the CPDES Hall in Harvey West Park starting at 6pm. Tickets are \$50pp and are available by calling Harvey Bustichi at 831.229.5785 ~ As always, proceeds will support local youth and community events.

Holiday Happenings - Little Angels

It was with much pleasure that we received a visit from the students of Nina's Pre-School & Childcare during our Holiday Luncheon. They arrived bearing gifts for all. They had made shortbread cookies during their class activity as well as hand-crafted ornaments for our members. During their visit, they delighted us with their antics and conversations. Their finale was to sing a holiday song and they participated in a holiday hula dance with members Pearl, Terri and JR.



Scotts Valley Senior Center Advertising Rates Per Year

LEVEL	WHAT IS INCLUDED	COST
Copper	Newsletter only	\$60
Bronze	Small (approx 4" x 6") customized display on Sponsor Board	+\$50
Silver	Medium (approx 6" x 8") customized display on Sponsor Board	+\$100
Gold	Large (approx 8" x 11") customized display on Sponsor Board	+150
Platinum	Best value: Includes the newsletter, large display on the Sponsor Board and one free rental of the facility (up to a maximum of four hours). Please note, the facility has to be available at time of booking. This deal is valued at over \$400!!!	\$250

Article excerpted from the AARP Bulletin

Today's scammers are on the phone, at your door and online. Here's how to fend them off.

According to a survey by True Link Financial, older Americans are criminally defrauded of \$12.76 billion annually. This includes identity theft and all those crazy scams you hear about but smugly think will never work on you. Do you consider yourself friendly? Thrifty? Financially sophisticated? If you answered yes to any of these questions, then according to that same survey you are more likely to be defrauded because you may give strangers the benefit of the doubt, are more enticed by bargains and are comfortable moving larger amounts of money around.

The next scam victim could be you. Here's what to watch out for in the new year and, most important, how to protect yourself.

How Scammers Find You

Ever wonder how scammers get your phone number, address or email? Is it random or is there science to the targeting? Experts say it's some of both.

Former con artist Frank W. Abagnale equates it to playing roulette. Sometimes your unlucky number just comes up. But AARP Foundation's Amy Nofziger, who has degrees in criminology and sociology, cites three additional reasons.

1. Data purchases. "Scammers buy phone numbers from companies that sell data," she explains. "They'll use the same methods legitimate marketing companies do, but for nefarious purposes."

2. Con artists network. "If you've been a victim of a fraud or scam, you're put on a so-called sucker list," Nofziger says. "The lists are bought, sold, traded and stolen among scammers because they're perceived as potential gold mines. Scammers will usually target the victims with a 'recovery' or 'reload' scam. They pretend to be from a consumer group or law enforcement agency and trick you into thinking they'll help get your money back — for a fee."

3. Volunteered info. This is personal info you willingly divulge by entering giveaways and sweepstakes, or when filling out surveys. "Scammers use all this to create profiles for who they want to target," Nofziger says. "Often they'll target older adults, who they perceive as holding the majority of wealth in this country."

Tech Support

This just might be the biggest consumer scam in the U.S. right now. According to Microsoft, in 2015 an estimated 3.3 million people — many of them seniors — were victimized by a tech-support con, at a total cost of \$1.5 billion. That's one American duped out of an average \$454 nearly every 10 seconds.

Here's how the scam typically unfolds: You get an unsolicited call from someone claiming to be with Microsoft or Windows tech support, who says viruses have been detected on your computer. In order to protect your data, you are told to immediately call up a certain website and follow its instructions. A dummy screen may appear that shows viruses being detected and eliminated, but in reality malware is being installed that allows the scammer to steal your usernames and passwords, hold your data for ransom or even use the webcam to spy on you.

Your Plan Hang up the phone. "Neither Microsoft nor our partners make unsolicited phone calls," says Courtney Gregoire, senior attorney at the Microsoft Digital Crimes Unit. Also, don't click any links in unsolicited emails from "Microsoft" or in pop-up ads promising to speed up your computer. "And if you haven't downloaded Windows 10 or the latest version of OS X, do it," says William

Woodworth with Best Buy's Geek Squad. "Each update is free and has lots of new security built in." Ditto for any other software programs you're running.

Silent Call

Has this been happening to you? The phone rings, you pick it up, say "hello," but there's no one on the other line. It's a new type of robocall — an automated computer system making tens of thousands of calls to "build a list of humans to target for theft," according to the Financial Fraud Research Center. It's the first step in opening you up to many of the phone-based scams discussed in this article.

Your Plan If you haven't already done so, ask your phone company to put caller ID on your landline. Then simply screen your calls, and don't pick up if the number is unfamiliar.

IRS Impostor

This con is still going strong. "It's our number one reported fraud right now," says Amy Nofziger with AARP Foundation and Fraud Watch Network, "and I think it'll get more sophisticated." Here's how it works: Someone claiming to be from the IRS either phones or leaves a voice message saying you owe back taxes and threatening that, unless funds are wired immediately, legal action will be taken or you'll be arrested. (Or they may say you have a refund waiting but need to verify personal info before sending.)

"They're very convincing," says Nofziger, "and they often use aggressive language." And let's be honest, beyond the intimidation factor, who doesn't feel guilty about fudging something on a 1040 at some point? Plus, scammers are getting more devious: Sometimes "IRS" shows up on caller ID, the con artists supply their "badge numbers" and they know the last four digits of your Social Security number.

Your Plan Do not return a call from someone claiming to be with the IRS. The real IRS opens communications with a taxpayer only via the U.S. Postal Service. If you're ever in doubt about an IRS matter, call the agency directly at 800-829-1040 FREE. Sometimes for kicks Nofziger actually calls the IRS impostors back. "They usually pick up on the first ring," she says. "The IRS doesn't usually have the staffing capacity to pick up on the first ring, but the scammers do."

Chip Card

Banks and credit card companies are in the process of issuing customers new "chip" cards. "The data is protected in an integrated circuit [rather than a magnetic strip], and there's a dynamic code that resets after each use," explains Vernon Marshall, senior vice president and functional risk officer for American Express. "They're almost impossible to counterfeit."

But here's the scam. The FTC is warning that con artists are impersonating card issuers and sending emails requesting personal and financial information, or asking that you click on a malware-laced link before being issued a new card. The fraudsters are sending emails — purporting to be from companies such as American Express — that convincingly use the company's logo and color scheme, and even have footer links such as "View Our Privacy Policy" and "Contact Us."

Your Plan No credit card company will email or call you to verify personal info it already has on file before mailing a new card. (At most, you'll get a letter in the mail saying it will arrive soon.) If you're ever unsure, simply call the number on the back of your card (not the one supplied by the email) and ask the company if it's trying to contact you.



Ferd Bergholz



Annual Holiday Luncheon

December 11th
Photos by Donna Silvia



Activities and Information



The SCOTTS VALLEY SENIOR CENTER Serves Lunch and Plays Bingo every Wednesday.

Lunch starts at 11:30 am till 12 Noon. Donation of \$2.50.
You MUST sign up by Tuesday at noon so that there is sufficient food for all the diners.

February 3rd: Meat Stroganoff Mixed Veggies Green Salad Bread & Butter Pears & Milk	February 10th: Turkey Tetrazzini Broccoli Spinach Salad Roll & Butter Banana & Milk	February 17th: Quiche Mixed Veggies Green Salad Roll & Butter Apple & Milk	February 24th: Baked Fish Sweet Potato Coleslaw Bread & Butter Banana & Milk
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Wednesdays from 1:00-3:00pm, right after our Meals on Wheels luncheon. Project Scout runs the bingo games and everyone is invited. We hope to see you here! Cards are .50 each and we also have the pull tabs! 438-8666 for more info.

Bingo cards are brought out at 12:30 pm.

POTLUCK FRIDAY LUNCH

Potluck Friday is growing! Join our host, Sammy Khalil, as she welcomes you to the table of this informal gathering to share food and conversation!

Date: Friday, February 5th
Time: 12:30pm to 2pm
Cost: \$2.00 and a potluck dish to share



COFFEE and CONVERSATION

Hostesses, Connie Adkins and Suki Marin, invite you to get your week off to a good start every 2nd Monday of the month. They welcome you to join them for a lively exchange words, ideas, gossip (only the "kind" kind) and of course, good coffee!

Date: Monday, February 8th
(on-going every 2nd Monday of the month)
Time: 10:00am to 12:00pm
Cost: Free



Senior Center Van Information

Please give at least 24 hour notice for all van trips and pick up has to be within Scotts Valley.

Our drivers are volunteers and sometimes unavailable to drive.

Monday:	Groceries and Banking
Tuesday:	Medical Appointments/Groceries
Wednesday:	Lunch and Bingo at the Center
Thursday:	Medical Appointments/Groceries
Friday:	Shopping

Members

Travel within Scotts Valley:
\$1.50 one way or \$3.00 round trip
Travel outside Scotts Valley:
\$6.00 one way or \$7.00 round trip

Non/Members

Travel within Scotts Valley:
\$2 one way or \$4.00 round trip
Travel outside Scotts Valley:
\$7 one way or \$8.00 round trip

Van Donation price allows a total of two stops.
Each additional stop is \$.50



Tim Grasso
One of our wonderful drivers

Tax Workshop

Hosted by Montevelle Community Life
Open to ALL Senior Citizens

Date: Friday, February 13th
Time: 3pm to 5pm
Where: The Mill House at Montevelle
552 Bean Creek Road, Scotts Valley

Panel members will include H&R agents and a tax attorney.



2016 Major Event Calendar

FEBRUARY	Presidents Day	2/15	Center Closed
	Administration Day	2/26	Center Closed
	Monthly Dinner - Rotary	2/19	1pm - 3pm
MARCH	St. Patrick's Day Dinner	3/18	5pm - 7pm
	Administration Day	3/25	Center Closed

NOTE: Circumstances may require SVSC to make changes and cancellations. We apologize for any inconvenience this may cause.

February Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1 Yoga 8:45am - 9:45am Stretch & Condition 10am - 11am Bridge 12:15pm - 3pm Scrabble 1pm - 3pm Chess 1pm - 3pm Canasta 1pm - 3pm Mahjong 1pm - 3pm Zumba Friends 6pm - 7pm	2 Zumba 9am - 10am Writing Class 10am - 12pm Beg/Int Line Dance 12am - 1pm Home Arts 2pm - 9pm	3 Meals on Wheels Lunch 11:30am - 12pm Bingo 1pm - 3pm Computer & Digital Help Desk 2:00pm - 4pm	4 Watercolor 9am - 12pm Zumba 9:30am - 10:30am Yoga 10:45am - 11:45am Beginning Ukulele 12pm - 1pm Pinochle 1:15pm - 3:15pm Tax Help 1:30pm - 3:30pm By Appointment Only SVSC Board Meeting SVSC Library All Welcome 3:30pm	5 Beg/Int Line Dance 9am - 10am Stretch & Condition 10am - 11am Meditation Drop-in 10am - 11am Meditation Beginner 11am-12 Potluck Friday Lunch 12:30pm - 2:00pm
8 Yoga 8:45am - 9:45am Stretch&Condition 10am-11am Coffee & Conversation 10:30am - 12pm Bridge 12:15pm - 3pm Scrabble 1pm - 3pm Chess 1pm - 3pm Canasta 1pm - 3pm Mahjong 1pm - 3pm Zumba Friends 6pm - 7pm	9 Zumba 9am - 10am Writing Class 10am - 12pm Muncheon "No" Movie Noon - 3pm	10 Meals on Wheels Lunch 11:30am - 12pm Bingo 1pm - 3pm Computer & Digital Help Desk 2:00pm - 4pm	11 Watercolor 9am - 12pm Zumba 9:30am - 10:30am Yoga 10:45am - 11:45am Beginning Ukulele 12pm - 1pm Bunko 1:15pm - 3:15pm Pinochle 1:15pm - 3:15pm Tax Help 1:30pm - 3:30pm By Appointment Only	12 Beg/Int Line Dance 9am - 10am Stretch & Condition 10am - 11am Meditation Drop-in 10am - 11am Meditation Beginner 11am-12
15 Center is CLOSED for President's Day	16 Zumba 9am - 10am Writing Class 10am - 12pm Beg/Int Line Dance 12am - 1pm Home Arts 2pm - 9pm 	17 Meals on Wheels Lunch 11:30am - 12pm Bingo 1pm - 3pm Computer & Digital Help Desk 2:00pm - 4pm	18 Watercolor 9am - 12pm Zumba 9:30am - 10:30am Yoga 10:45am - 11:45am Beginning Ukulele 12pm - 1pm Pinochle 1:15pm - 3:15pm Tax Help 1:30pm - 3:30pm By Appointment Only	19 Beg/Int Line Dance 9am - 10am Stretch & Condition 10am - 11am Meditation Drop-in 10am - 11am Meditation Beginner 11am-12 February Luncheon 1pm
22 Yoga 8:45am - 9:45am Stretch & Condition 10am - 11am Bridge 12:15pm - 3pm Scrabble 1pm - 3pm Chess 1pm - 3pm Canasta 1pm - 3pm Mahjong 1pm - 3pm Zumba Friends 6pm - 7pm	23 Zumba 9am - 10am Writing Class 10am - 12pm Beg/Int Line Dance 12am - 1pm Home Arts 2pm - 9pm 	24 Meals on Wheels Lunch 11:30am - 12pm Bingo 1pm - 3pm Computer & Digital Help Desk 2:00pm - 4pm	25 Watercolor 9am - 12pm Zumba 9:30am - 10:30am Yoga 10:45am - 11:45am Beginning Ukulele 12pm - 1pm Pinochle 1:15pm - 3:15pm Tax Help 1:30pm - 3:30pm By Appointment Only Armchair Topics 1pm Birthday Celebrations 2pm	26 Center is CLOSED ADMINISTRATION DAY Book Worms 1pm - 2:30pm at Scotts Valley Library
29 Same Activities as February 22nd	Big News! Muncheon Movie "with Movies" returns in March!			