



Scotts Valley Senior Center



October 2015 Newsletter

Coordinator's Message



The Holiday Season is knocking on the center's doors. Once you read this month's newsletter, you will know exactly what I mean - not that this year had been slow so far, but none the less, this issue is bursting with information, it is going to make your head spin! To that end, this is (and I may say this without a doubt), my shortest message to you. I'm trading pine trees for palm trees, a pool and pitchers

of delicious fruit margaritas that are beckoning my name so I may prepare myself for the holiday onslaught. Don't forget to fill in your calendars so you may join us in all the fun.

Until Next Time ~ *Darshana Croskrey*

Please note: No October dinner, however:

SV Host Lions Club invites you to their



2nd Annual "Pasta for Sight"



Friday, October 16th

6:00 pm to 8:00 pm

At the Scotts Valley Senior Center

\$15.00 Adults & Children under 10 \$7.00

RSVP to Tim Kirby at 831.335.4853

Beverages available for purchase

Dine-in OR Take-out

Bring in old spectacles or hearing aids for a free beverage!

Proceeds from this event will benefit sight and hearing foundations for services for senior citizens and low income families.



An Invitation For You

We invite You and Your Guest to our *Third Annual Sponsor Appreciation Reception*

as we celebrate and give thanks to our Business Sponsors for their continued support of our Scotts Valley Senior Center.

Friday, October 2, 2015

5pm to 7pm

Scotts Valley Senior Center

370 Kings Village Road
Scotts Valley 95066

Appetizers and Beverages will be served

Members & Sponsors ~ Complimentary

Extra Guests ~ \$5.00 per person

**R.S.V.P. required to dcroskrey@scottsvally.org
or 831.438.8666 by September 28th**

*** A VERY IMPORTANT REMINDER ***

The special events, antique & craft faire and holidays are coming right up over October, November and December and that means members need to pay special attention to the adjusted hours and CENTER CLOSURES on the MASTER EVENTS CALENDAR on Page 8 ~ Please mark your calendar accordingly!!!



October ~ Fran Rosen

What a busy month October will be

You are most welcome to see

The SVSC Board Meeting

Open to all to share your greeting

The Sponsor Appreciation Reception

To Thank them for their participation

Scotts Valley City Council Presentation

Get to know our administration

Come enjoy, and make yourself known

On how you enjoy your home away from home!



Happenings at the Center

Grandparent's Day Pancake Breakfast

Thank you to EVERYONE who took part in helping to put on the breakfast. Marlene Flannery and her helpers, Leatrice Bachan, Jim Eaton, Rita Eiriksson, Geri Gibson, Tim Grasso, Charlotte Hagoosian, Sammy Khalil, Terri Lesniak, Don Maurer, Gillian McGlaze, Stephanie Lusk Muccia, Carol Rogers, Margaret Serena, Tamima Schwartz, Donna Silvia, Harold and Patsy Wright. You guys rock and this was one of our MOST successful and enjoyable breakfasts

With their love of service to our community, as usual, young Joaquin and little Naomi, together with their mom, Danielle, went that extra mile. Not only did they serve beverages, they baked a variety of cookies to hand out to every guest in attendance.



Happenings at the Center



The SCOTTS VALLEY SENIOR CENTER serves lunch and plays Bingo every Wednesday.

Lunch starts at 11:30 am till 12 Noon. Donation of \$2.50.

You MUST sign up by Tuesday at noon so that there is sufficient food for all the diners.

October 7

Turkey Mole
Corn w/peppers
Spinich Salad
Mexican Rice
Corn Tortilla
Banana
Milk

October 14

Baked Fish
w/lemon Wedge
Sweet Potato
Cole Slaw
Fruit Crisp
Milk

October 21

Chicken Alfredo
Cesar Salad
Mixed Vegetables
Whole wheat bread & butter
Fresh Fruit in Season
Milk

October 28

Salsberry Steak
Mash Potatoes
Roman Salad/cROUTONS
Whole wheat bread & butter
Fruit
Milk



Wednesdays from 1:00-3:00pm, right after our Meals on Wheels luncheon. Project Scout runs the bingo games and everyone is invited. We hope to see you here! Cards are .50 each and we also have the pull tabs! 438-8666 for more info.

Bingo cards are brought out at 12:30 pm.



10-Day Mahjong Cruise to Mexico

(Round Trip from San Francisco)



Grand Princess



Leave: January 9, 2016



Return: January 19, 2016

Fares starting from \$999 per person + \$156pp taxes, fees and port charges

Everyone is Welcome!

See or call Sharon Carson for more details 831.475.9012



POTLUCK FRIDAY LUNCH

Potluck Friday is growing! Join our host, Sammy Khalil, as she welcomes you to the table of this informal gathering to share food and conversation!

Date: Friday, October 2nd

Time: 12:30pm to 2pm

Cost: \$2.00 and a potluck dish to share



COFFEE & CONVERSATION

Because of Columbus Day the Center is Closed.



You never know when the knowledge from this class will help save a life of a loved one or a stranger. Once we get 12 people signed up, we will schedule a class (most likely on a Friday, during the day) – **SIGN UP and STAY TUNED!! Call 831.438.8666**

Cost: \$30.00 per person

Bocce Update by Susan Taylor ~ SVSC Bocce Chair

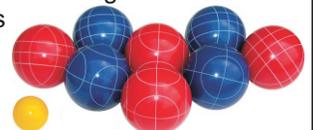
As a very successful bocce year winds down, I would like to thank the members of the Advisory Committee for their help, support and suggestions to improve our bocce league. I would also like to thank the league's coordinators who volunteer their time to organize the teams, settle player disputes, track attendance, collect fees, manage leaves of absence, communicate the need for new players and oversee the league activities.

Thank you to all the players who routinely arrive early to groom the courts each morning, especially Brian Peterson, who continues to help groom the courts even though he no longer plays in the SVSC Bocce League! Thank you to Gary Cramer for being our reliable rain man, and David McClay for providing free lessons to many new bocce players this year. And, special thanks to Gary Cramer, Sammy Khalil and Mike LoBue for refurbishing the scoreboard, Bob White for organiz-

ing donations to replace the broom to groom the courts and Bev and Steve Johnson for donating two new shade umbrellas.

According to Kristin Ard, Scotts Valley Recreation Division Manager, the revised plans to install a sidewalk and improve drainage by the bocce courts, are complete and the bidding process began September 14th. This project will begin as soon as a contractor is chosen and the job can be scheduled.

The end-of-year Bocce Party will be Saturday, October 31st from 10 AM - 12 Noon at the Skypark Bocce Courts. Please bring some finger food to share and something to drink and come out. Join all your bocce friends for some fun and fellowship before we break for winter!



Activities and Information

Focus on the Volunteer ~ Terri Lesniak

Submitted by Darshana Patel~Croskrey

Terri was born in Naperville, Illinois. The second of four children, this July 4th baby girl arrived six weeks early to a mother who refused to go to the hospital until she had seen the fireworks display! The nuns wasted no time and named her Bernadette Marie immediately.



For those of us who already know Terri, we know just how creative and talented she is. She joined Glee Club and Choir in 4th grade. The highlight of her junior high years was when she was a Majorette and twirled baton and lead the band in every Memorial Day Parade. It was the only time her mom let her wear lipstick! Realizing her love for singing, in high school she saved her babysitting money to pay for her own singing lessons!

Terri's other love was swimming and was an excellent swimmer. Spurred on by a crush on a lifeguard, she was determined to be one too. Following that path passionately, her plan came to an abrupt end when she became VERY ill and could no longer pursue her dream per doctor's orders. Changing focus, Terri graduated from Northern Illinois University in 1971 with a BS in Early Childhood Education. It was a big year for her as she also got married later that year to a gentleman she met through singing.

They moved from the Mid-West to the Santa Cruz Mountains in 1982 with their then, three of six children. They completed their family with five boys and one daughter. Terri literally lived in her car chauffeuring everyone to various school and extra-curricular activities. One year, she had to drive the children to

FIVE DIFFERENT schools. Always exhausted, one time she took them to the Coconut Grove...whilst waiting for them at Lazer tag, she fell asleep against the wall and awakened to a policeman nudging her awake as she had been reported by the crowd as possibly being dead!

They say, if you want something done, give it to a busy person...so true in Terri's case; volunteering in the library at Vine Hill for 18 years, driving for Meals on Wheels, directing a small church music group, a member of The Choraliers at Mid-County Senior Center, making posters and flyers for various organizations including SVSC. For 20 years she ran a cake decorating business out of her home, allowing her creative abilities to flourish after her children went to bed. She loves challenges and never lets up. At SVSC she works special events, is one of Marlene's core kitchen staff, assists with special projects with Darshana, chairs the flea market fundraisers, is the bake sale chair for the craft faire and does SO MUCH MORE!!! Terri continues to be committed to SVSC and The Choraliers.

Moving forward, Terri will soon devote some of her time to a special long-term goal that she is almost ready to tackle; becoming an author of a children's book. It is about a duck family whose mother suffers from bouts of depression. Terri herself, having suffered from serious and sometimes, life-threatening depression since 1989 wants to help others. Terri's husband was so afraid and angry with something he could not believe in nor understand, so their children never had anyone to help them cope and explain that it was not their fault. She knows that this is something she can help other families with having experienced the trauma and seen how it touched and affected everyone involved, especially children. A very worth-while cause Terri – all best wishes to you and **MANY, MANY THANKS** to you from all of us at SVSC for all that you do!!!

Labor of Love

A "Labor of Love" was performed by Donna Silvia. Together with the help of her son Mark, their family friend Rachel Grubb, and her beloved Katie Girl, she spent the Labor Day weekend emptying and sorting through the contents of the storage room. It was the BEST feeling to walk into the room, spin around with my arms out and know that nothing was going to fall on top of me!!! Thank you Donna and Crew for your most special donation of time.



Americana Hamburger Picnic Dinner

Marlene and her 'ol cowhands rustled up some awfully tasty grub on Friday night for the "Americana Hamburger Dinner. Donna's decor of sunflowers, cowboy hats and barn scene, complete with bales of hay, made one feel right down home on the farm. The hamburgers were juicy and scrumptious as well as the baked beans, macaroni salad and what could be more Americana than root beer floats to top off the meal! Another successful event. Thanks to all who helped and participated!



Decorating Crew
Donna
Judy
and
Chi Cha

Activities and information

YOGA

Aryurveda means the science of life for personal healthcare. Yoga is just one part of Aryurvedic practice and there are many different forms of yoga. Our instructor, Padma Rudraraju, has been practicing yoga for her entire life. She welcomes you to join her and reap the many rewards to protect one's health and pro-long life.



Find a time to suit you:

Dates: Monday - 8:45am Thursday - 10:45am
Cost: Members \$3.00 Non-Members \$5.00

STRETCH & CONDITION

This popular class, was started by Cherry Nittler, a retired physical therapist, and is now continued by her student, June Barber. Cherry now takes the class!! Most of the workout is done sitting in a chair. It is a fantastic head to toe conditioning of the joints and muscles including the vocal cords. They also believe laughter is the best medicine!!! Come and join June and the gang. They would love to see you :)

Date: Mondays & Fridays
Time: 10:00am to 11:00am
Cost: Members \$2.00 Non-Members \$3.00

LINE DANCE

Date: Noon every Tuesday
(Except for the 2nd Tuesday)
9am every Friday
(Except for the 4th Friday)
Cost: \$2 Members / \$3 Non-Members
Instructor: Tamima Schwartz



With old favorite sounds, some latest hits, and a few global tunes thrown in for good measure, this lively class is for beginner to intermediate level. Join us for some toe-tapping fun. Tamima and the members look forward to meeting you.

ZUMBA

The Zumbarnas and their tiny but mighty leader, Leatrice Bachan, want to invite you to join them for an invigorating hour of fun and laughter as you dance your way to good health. Latin plus global sounds, new sounds, old faves, fast beats and slow, this class is fully adaptable to suit YOUR fitness needs; Leatrice guides you every step of the way. Give it a go, you never know, Zumba may become your next addiction.



Mondays 6:00pm / Tuesdays 9:00am / Thursday 9:30am
Cost: Members \$3.00 Non-Members \$5.00

GAMES, GAMES and more GAMES....

For some fun and games the center's the place to be!

12:15pm Mondays ~ **Bridge** (intermediate/advanced)
1:00pm Mondays ~ **Canasta, Chess, Mahjong, Scrabble**
1:15pm Thursdays ~ **Bunko** (every 4th Thursday only),
Cribbage and Pinochle

Come on down, don't be shy.....
Cost: Members \$2.00 Non-Members \$3.00

BEGINNING UKULELE

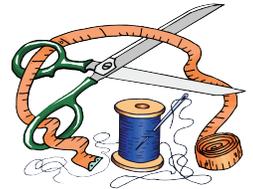
Stan Meidinger is offering weekly beginning ukulele lessons. Ongoing classes are on:

Date: Thursdays **Time:** 12:00pm to 1:00pm
Cost: \$7 Members / \$8 Non-Members



HOME ARTS

Do you want to:
 Try something new?
 Let your creative juices flow?
 Surround yourself with inspiring folk?



Have up to seven hours of dedicated time set aside for your hobby? ...then THIS is the class for YOU! Instructor, Billie Street, has been teaching the creative arts for over 50 years in the Santa Cruz and Monterey Bay Counties. This class is open to all but, you must first meet with her to discuss all the possibilities/projects that are open to you.

Date: Tuesdays
EXCEPT for the 2nd Tuesday of the month
Time: 2pm to 9pm
Cost: \$40 for each 8-week session

WRITING CLASS

Date: Tuesdays **Time:** 10am to 12pm
Cost: Members \$5.00 Non-Members \$6.00



Seniors ~ Do you ever look at your life and think "Perhaps I should write a memoir?" We all have stories to tell and if they aren't written down, they will be gone forever! There's no such thing as a un-interesting life...it becomes interesting, even extraordinary when you write it down and share it with others. Stories told from person to person are as old as we are. Join this interactive, fun class, it only takes a pen or pencil....and a willingness to learn, appreciate your voice...write and listen...Call Joanne Stewart 831.439.0616 for more info.

WATERCOLOR ~ All levels

This class is offered by well-known local artist and center member, Beverly Martin. Beverly will get you through the first class at which time she will give you a supply list. The class has two parts to it:

- Students work on a personal painting with the instructor rotating and working individually with each person
- The instructor will teach a 15 to 30 minute structured lesson using a certain technique(s) on an on-going piece of artwork. The students will then use that example to create the same thing on their own individual pieces of the same piece of artwork.

Date: Thursdays **Time:** 9am to Noon
Cost: \$10 (m) \$15 (n-m)



ZENTANGLE & MIXED MEDIA

The Art of Zentangle promotes therapeutic relaxation. The processes used will help increase your mental focus, fine motor skills and ease stress and anxiety.

Date: Fridays **Time:** 11:30am to 12:30pm
Instructor: Angie Wisdom
Cost: \$3 members/\$5 non-members



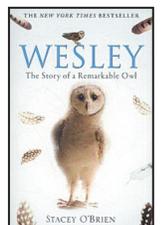
SVSC BOOK WORMS

This past meeting we had a visitor from Utah, Lorraine Brown, who also read the book, The Art of Racing in the Rain. We were happy to have her join in the discussion and we also had a report from our member in Wisconsin, Betty Vig. Our rating this month was 7.7%. We are hoping to have a local author Vinnie Hansen come and speak to us in November at our regular meeting time.



We will be reading:
October ~ Wesley the Owl by Stacy O'Brien
November ~ Murder Honey by Vinnie Hansen
December ~ Lopsided Christmas Cake by Wanda Brunstetter

Date: Friday, October 16, November 20, December 18
(on-going every 3rd Friday of the month)
Time: 1:00pm to 2:30pm
Cost: \$2.00 Members/ \$3.00 Non-Members



Special Events

Armchair Topics and Birthday Celebrations

Due to the busy "Holiday Season", the center will take a break from these two events and return on January 28th, 2016. The topic at that time will be "Holiday Happenings" followed by a celebration of the **October, November, December and January** birthdays.



Muncheon "No Movie" Day

PRE-PAID EVENT ONLY

Darshana's got a special treat for you. Panzella Chicken and Lemon Meringue Pie.

Date: Tues, October 13th
Time: Noon
Cost: Members \$5 / Non-Members \$6



Sign up by close of day Friday, October 9th.



2015 Antiques & Holiday Craft Faire "What November Holds For You"

By Fran Rosen

Oh what treasures you'll find there
 For yourself or gifts for pals

The "just right" right thing for guys and gals
 Have breakfast and lunch, you'll be glad you did
 It'll be a wonderland for kids

The second special for November
 A Thanksgiving Potluck to remember

We prepare potatoes, gravy, stuffing, turkey and ham
 You bring the sides, salad and desserts (no spam)!



MAKING CHANGE IS HARD TO DO!

In order to make the lives of our hard working receptionists easier, please remember to keep extra dollar bills handy when coming to the center.



to the following Scotts Valley Senior Center Members. If You see any of these Members, please wish them a HAPPY BIRTHDAY. Best wishes from the entire Scotts Valley Senior Center.

Deborah Hertzler- 1	Terica Pratt 1	Kitty A. Sutton 1	Al Wasserman 1
Don Anderson 2	Rosemary Herda 2	Lois Rossini 2	Marilyn Brandon 3
Rosine Rothwell 3	Karen Moore 4	Marjorie Williams 4	Claudia Williams 4
Jeanne Bender 6	Betty Bly 6	Betty Brinck 8	Laurie Holmes 8
Carolyn Villa-Scott 8	Billie Street 9	Frank Toms 9	Earl Hassler 10
Tom Steinhaus 10	Cliff Barrett 11	Carol Netzley 11	Elizabeth Whetstone 11
Peter H. Young 11	Valerie Kindell 12	Dolly Halbrook 13	Carol Lee 13
Mimi Patterson 13	Doris Barrowelough 14	Linda Carney 14	Martha Handley 14
Diana Livada Van 14	Glenn Patterson 14	Mary M. Wickum 14	Harvey Bustichi 15
Betty Ranney 17	Jeanine Speckman 17	Lesley Youdall 17	Lesley Youdell 17
Steve Johnson 18	Janet Oneto 19	Lynn Beckmann 20	Sandra L. Rockwell 20
Gloria Sheehan 20	Diane Meader 21	Wayne Johansen 22	Patricia Karo 22
Ruth D. Schaffer 22	John Thomas 22	Irene Bustichi 23	Pearl Mendes 23
Joyce Pack 23	Rodney Pierce 23	Bill Schraft 23	Jeanie Wilson 23
Sharon Skold 25	Judy Gilchrist 26	Fran McBrien 26	Judy Bates 27
Maria Demarest 27	Paul Feeley 27	Priscilla Lucia 28	Christine Mason 28
Paul Frommherz 30	Deanna McIntyre 30	Roselle DeShields 31	Sue Stauffer 31

Activity Leaders

m = Members
 n/m = Non-Members

Art of Sketching	Sammy Khalil	\$5 m	\$7 n/m
Bingo	Project Scout	\$.50 per card	
Bocce	Susan Taylor	\$2 m	N/A
Book Worms	Patsy Rice	\$2 m	\$3 n/m
Bunko	Irene Bustichi/Sandy Payton	\$7 m	\$8 n/m
Bridge	Marilyn Snyder	\$2 m	\$3 n/m
Canasta	Mercedes Sarsi	\$2 m	\$3 n/m
Chess	Peter Maurer	\$2 m	\$3 n/m
Computer Lab	Maurice Mamon	Free	Free
Cribbage	Fran Rosen	\$2 m	\$3 n/m
Coffee & Conversation	Connie Adkins/ Suki Marin	Free	N/A
Stretch & Condition	June Barber	\$2 m	\$3 n/m
Home Arts	Billie Street	\$5 m	\$6 n/m
Line Dance	Tamima Schwartz	\$2 m	\$3 n/m
Mahjong	Darshana Croskrey	\$2 m	\$3 n/m
Meals on Wheels	Sandy Payton	\$2.50 m	\$2.50 n/m
Muncheon Movie	Marlene Flannery	\$5 m	\$6 n/m
Pinochle	Donna Silvia	\$2 m	\$3 n/m
Potluck Lunch	Marlene Flannery	\$2 + potluck dish	
Scrabble	Donna & Betty Cederlund	\$2 m	\$3 n/m
Ukulele	Stan Meidinger	\$7 m	\$8 n/m
Watercolor	Beverly Martin	\$10 m	\$15 n/m
Writing	Jack McKellar & Joanne Stewart	\$5 m	\$6 n/m
Yoga	Padma Rudraraju	\$3 m	\$5 n/m
Zentangle & Art Media	Angie Wisdom	\$3m	\$5 n/m
Zumba	Leatrice Bachan	\$3 m	\$5 n/m

October Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Come Join Us For Pinochle on Thursdays



1
 Watercolor 9am - 12pm
 Zumba 9:30am - 10:30am
 Yoga 10:45am - 11:45am
 Beginning Ukulele 12pm - 1pm
 Cribbage 1:15pm - 3:15pm
 Poker 1:15pm - 3:15pm
 Pinochle 1:15pm - 3:15pm
 SVSC Board Meeting 3:30pm
 (Everyone is Invited)

2
 Beg/Int Line Dance 9am - 10am
 Stretch & Condition 10am - 11am
 Art of Sketching 10am - 11:30pm
 Zentangle Art & Mixed Media 11:30am - 12:30pm
 Potluck Friday Lunch 12:30pm - 2:00pm
 Sponsor Appreciation Reception (Open to all) 5:00pm - 7:00pm
 Complimentary - RSVP Required

5
 Yoga 8:45am - 9:45am
 Stretch & Condition 10am - 11am
 Bridge 12:15pm - 3pm
 Scrabble 1pm - 3pm
 Chess 1pm - 3pm
 Canasta 1pm - 3pm
 Mahjong 1pm - 3pm
 Zumba Friends 6pm - 7pm

6
 Zumba 9am - 10am

 Writing Class 10am - 12pm
 Beg/Int Line Dance 12am - 1pm
 Home Arts 2pm - 9pm

7
 Meals on Wheels Lunch 11:30am - 12pm
 Bingo 1pm - 3pm

 Technology Open Session 2:00pm - 4pm

8
 Watercolor 9am - 12pm
 Zumba 9:30am - 10:30am
 Yoga 10:45am - 11:45am
 Beginning Ukulele 12pm - 1pm
 Bunko 1:15pm - 3:15pm
 Cribbage 1:15pm - 3:15pm
 Poker 1:15pm - 3:15pm
 Pinochle 1:15pm - 3:15pm

9
 Beg/Int Line Dance 9am - 10am
 Stretch & Condition 10am - 11am
 Art of Sketching 10am - 11:30pm
 Zentangle Art & Mixed Media 11:30am - 12:30pm

Muncheon Deadline

12

Center is CLOSED

13
 Zumba 9am - 10am
 Writing Class 10am - 12pm
 Muncheon "No Movie" Day 12pm

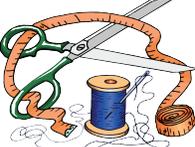

14
 Meals on Wheels Lunch 11:30am - 12pm
 Bingo 1pm - 3pm
 Technology Open Session 2:00pm - 4pm
 SV City Council Presentation Everyone is invited to City Hall, 1 Civic Center Drive 6pm


15
 Watercolor 9am - 12pm
 Zumba 9:30am - 10:30am
 Yoga 10:45am - 11:45am
 Beginning Ukulele 12pm - 1pm

 Cribbage 1:15pm - 3:15pm
 Poker 1:15pm - 3:15pm
 Pinochle 1:15pm - 3:15pm

16
 Beg/Int Line Dance 9am - 10am
 Stretch & Condition 10am - 11am
 Art of Sketching 10am - 11:30pm
 Zentangles & Mixed Media 11:30am - 12:30pm
 Book Worms 1pm - 2:30pm

19
 Yoga 8:45am - 9:45am
 Stretch & Condition 10am - 11am
 Bridge 12:15pm - 3pm
 Scrabble 1pm - 3pm
 Chess 1pm - 3pm
 Canasta 1pm - 3pm
 Mahjong 1pm - 3pm
 Zumba Friends 6pm - 7pm

20
 Zumba 9am - 10am
 Writing Class 10am - 12pm
 Beg/Int Line Dance 12am - 1pm
 Home Arts 2pm - 9pm


21
 Meals on Wheels Lunch 11:30am - 12pm

 Bingo 1pm - 3pm
 Technology Open Session 2:00pm - 4pm

22
 Watercolor 9am - 12pm
 Zumba 9:30am - 10:30am
 Yoga 10:45am - 11:45am
 Beginning Ukulele 12pm-1pm
 Cribbage 1:15pm - 3:15pm
 Poker 1:15pm - 3:15pm
 Pinochle 1:15pm - 3:15pm

23

Administration Day Center is CLOSED

26
 Same Activities as October 19th

27
 Same Activities as October 20th

28
 Same Activities as October 21st

29
 Same Activities as October 22nd

30 Same Activities as October 16th


interesting information

We Were Green Before Green Was Cool

Ahh Youth! Checking out at the store, the young cashier suggested to the much older lady that she should bring her own grocery bags, because plastic bags are not good for the environment. The woman apologized to the young girl and explained, "We didn't have this 'green thing' back in my earlier days." The young clerk responded, "That's our problem today. Your generation did not care enough to save our environment for future generations." The older lady said that she was right—our generation didn't have the "green thing" in its day.

The older lady went on to explain: Back then, we returned milk bottles, soda bottles and beer bottles to the store. The store sent them back to the plant to be washed and sterilized and refilled, so it could use the same bottles over and over. So they really were recycled.

But we didn't have the "green thing" back in our day.

Grocery stores bagged our groceries in brown paper bags that we reused for numerous things. Most memorable besides household garbage bags was the use of brown paper bags as book covers for our school books. This was to ensure that public property (the books provided for our use by the school) was not defaced by our scribblings. Then we were able to personalize our books on the brown paper bags.

But, too bad we didn't do the "green thing" back then.

We walked up stairs because we didn't have an escalator in every store and office building. We walked to the grocery store and didn't climb into a 300-horsepower machine every time we had to go two blocks. But she was right.

We didn't have the "green thing" in our day.

Back then we washed the baby's diapers because we didn't have the throw away kind. We dried clothes on a line, not in an energy-gobbling machine burning up 220 volts. Wind and solar power really did dry our clothes back in our early days. Kids got hand-me-down clothes from their brothers or sisters, not always brand-new clothing.

But that young lady is right; we didn't have the "green thing" back in our day.

Back then we had one TV, or radio, in the house not a TV in every room. And the TV had a small screen the size of a handkerchief (remember them?), not a screen the size of the state of Montana. In the kitchen we blended and stirred by hand because we didn't have electric machines to do everything for us. When we packaged a fragile item to send in the mail, we used wadded up old newspapers to cushion it, not Styrofoam or plastic bubble wrap. Back then, we didn't fire up an engine and burn gasoline just to cut the lawn. We used a push mower that ran on human power. We exercised by working so we didn't need to go to a health club to run on treadmills that operate on electricity.

But she's right; we didn't have the "green thing" back then.

We drank from a fountain when we were thirsty instead of using a cup or a plastic bottle every time we had a drink of water. We refilled writing pens with ink instead of buying a new pen, and we replaced the razor blade in a razor instead of throwing away the whole razor just because the blade got dull.

But we didn't have the "green thing" back then.

Back then, people took the streetcar or a bus and kids rode their bikes to school or walked instead of turning their moms into a 24-hour taxi service in the family's \$45,000 SUV or van, which cost what a whole house did before the "green thing." We had one electrical outlet in a room, not an entire bank of sockets to power a dozen appliances. And we didn't need a computerized gadget to receive a signal beamed from satellites 23,000 miles out in space in order to find the nearest burger joint.

But isn't it sad that some of the current generation laments how wasteful we old folks were just because we didn't have the "green thing" back then?

Please forward this on to another selfish old person who needs a lesson in conservation from a misinformed young person. We don't like being old in the first place, so it doesn't take much to tick us off... Especially from a person who can't make change without the cash register telling them how much.

Ferd Bergholz



*Lots of Fun
at Bunko!*

2015 Major Events Calendar

OCTOBER	SVSC Board Meeting Sponsor Appreciation Reception NO DINNER THIS MONTH Columbus Day Holiday SV City Council Presentation Administration Day	10/1 10/2 ----- 10/12 10/14 10/23	3:30pm (open to all) 5pm - 7pm (open to all) ----- Center Closed (Monday) 6pm (at City Hall, 1 Civic Center Dr.) Center Closed
NOVEMBER	"Antique & Holiday Craft Faire Closed for week - Craft Faire Prep Veteran's Day Holiday Thanksgiving Potluck Thanksgiving Break	11/7-11/8 11/2-11/6 & 11/9 11/11 11/13 11/26 - 11/30	Saturday 9-4 Sunday 10-4 Center Closed (Monday-Monday) Center Closed (Wednesday) 1pm Center Closed
DECEMBER	Holiday Luncheon New Year's Eve Party Holiday Break	12/11 12/31 12/19 - 1/3/16	1pm 6pm - 9pm (Thursday) Center Closed (Re-open 1/4/16)

NOTE: Circumstances may require SVSC to make changes and cancellations. We apologize for any inconvenience this may cause.

Special Thoughts

Sunshine Note



Thinking of You, We Miss You ~

Life has its ups and downs
But we like to see smiles not frowns
If you're not feeling up to par
We send our thoughts to where you are
And if you're here and feeling blue
We hope our wishes uplift you!

Linda Blenio
Gene Griggs
Rudy Guttebo
Betty & Wayne
Johansen
Sammy Khalil
Peter Maurer &
Joanne Stewart

Milestone Celebrations

Congratulations are in order for one of our lovely receptionists...

Many Happy Returns to
Marlyn Crook ~ Cheers to 70 Years



Gone But Not Forgotten....

Rest in Peace ~ Velma Robertson

Everyone who came to lunch and Bingo on Wednesdays knew Velma Robertson's smiling face. Velma passed away on September 9th, aware of her family around her. She was born in Wichita, Kansas, and met Jack Robertson as a child. Jack's family moved to Oklahoma, and later to California, where he and Velma's paths crossed. Jack told his brother, "That's the girl I'm gonna' marry someday", and he did just that!!



Jack and Velma lived in San Diego during Jack's navy years. They had five children, Cheryl, Terry, Adam, Jack and Nick. Velma and Jack were foster parents to many babies, also having one foster baby for a year. In addition, they even raised a step-granddaughter. Velma, beloved by all of her family, moved to Boulder Creek to live with one of her sons and his family. Although she leaves a hole in their hearts, her family is thankful she lived a long and happy life.

Rest in Peace ~ Doris Hopkins Barrowclough

Affectionately known as Hoppy, this 93 year old graduated from Santa Cruz High in 1939. Married to her high school sweetheart, Robert, she was a devoted air-force wife, mother, grandmother and great-grandmother. Together they travelled the world and returned to Scotts Valley to retire in 1979.



Lucky Hoppy to have spent her childhood summers at Big Tree Resort (now Henry Cowell State Park). It was established by her grandfather, Milo Hopkins in the 1800s! Her parents went on to manage the resort.

In recent months, Hoppy's health took a downward turn. She will be missed by her large and lovely family and her friends in the Stretch and Conditioning Class and her many friends near and far.



Welcome New Members

Barbara Aluffi, Neal Berezin, Roselle Deshields, Carol Hara, Bob Mazurek, Tom Moretti, Fran O'Brien, Jim Purdy & Dianna Renner

THANK YOU FOR JOINING OUR SV SENIOR CENTER

Want to become a member?

Join the center, join the fun...It's easy as 1.2.3.

- 1 - See one of our nice receptionists during center hours
- 2 - Spend two minutes filling your membership application form
- 3 - Turn in form and \$20 annual fee to the nice receptionist – **DONE!**
(New members pay pro-rated dues)

Senior Center Van Information

Please give at least 24 hour notice for all van trips and pick up has to be within Scotts Valley.

Our drivers are volunteers and sometimes unavailable to drive.

- Monday:** Groceries and Banking
Tuesday: Medical Appointments/Groceries
Wednesday: Lunch and Bingo at the Center
Thursday: Medical Appointments/Groceries
Friday: Shopping

Members

Travel within Scotts Valley:
\$1.50 one way or \$3.00 round trip
Travel outside Scotts Valley:
\$6.00 one way or \$7.00 round trip

Non/Members

Travel within Scotts Valley: \$2 one way or \$4.00 round trip
Travel outside Scotts Valley: \$7 one way or \$8.00 round trip
Van Donation price allows a total of two stops.
Each additional stop is \$.50



Senior Center Donations

Donations ~ Gratefully Received

Knife Set	Geri Gibson	Kitchen
\$10	Diane Warren	Patio Fund
\$ 5	Cynthia Pensinger	Patio Fund
Dish Towels	Millie Vogler	Kitchen



We need volunteers to step forward to help in various areas of the center's activities and functions. Somewhere in the following...kitchen, boutique, craft faire, flea market, pancake breakfast, driving, entertainment, advertising, special skills, decorating, instructing, fundraising, gardening... there is a place for anyone who would like to donate their time and become a part of our family of volunteers. Make an appointment to see Darshana and she will find a niche or two that will suit you best, 831-438-8666.

Scotts Valley Senior Center Advertising Rates Per Year

LEVEL	WHAT IS INCLUDED	COST
Copper	Newsletter only	\$60
Bronze	Small (approx 4" x 6") customized display on Sponsor Board	+\$50
Silver	Medium (approx 6" x 8") customized display on Sponsor Board	+\$100
Gold	Large (approx 8" x 11") customized display on Sponsor Board	+\$150
Platinum	Best value: Includes the newsletter, large display on the Sponsor Board and one free rental of the facility (up to a maximum of four hours). Please note, the facility has to be available at time of booking. This deal is valued at over \$400!!!	\$250

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 Scotts Valley, CA 95066
 Phone: 831-430-0616
csaunders@visitingangels.com
www.visitingangels.com/santacruz

Scotts Valley
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Jeanne Shada, CCAM
 Real Estate Broker
 DRE #00606749

4615-B Scotts Valley Dr. P: (831) 438-2208
 Scotts Valley, CA 95066 F: (831) 438-3206
shadaway@aol.com

**Welcome to Our
 New Platinum
 Sponsor...**



**3103 Scotts Valley Drive
 Scotts Valley, CA 95066**

On behalf of our center and its members, it is my pleasure to welcome owner, Norma Garcia of Auntie Mame's Restaurant to our cadre of Platinum Sponsors. Auntie Mame's first opened its doors in 1973. Norma has served our community for the past 23 years, the first 11 as server/manager and the last 12 as owner. It is truly a family-run affair with the beautiful Norma and handsome husband Jose, together with each of their three good-looking and well-mannered sons and lovely daughter (each one pitching in upon reaching their 14th birthdays), all delivering delicious breakfast and lunch dishes and service with smiles! **Thank YOU Garcia Family** for your support of our center. (831-438-1840)

Scotts Valley Host Lions Club



Moto is simply "We Serve"
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 "Sight and Hearing Conservation Programs"
 Supporting many local
 community groups and charities
 P.O. Box 66602, Scotts Valley, CA 95067
 831-345-8766
scottsvallylion@aol.com

**Rotary Club of
 Scotts Valley**



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 Scotts Valley CA 95067

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www.scmoose545.org

We thank **Scotts Valley Host Lions Club** for renewing their Platinum sponsorship and also, **Kiwanis of the Valleys** for renewing their Copper sponsorship. These two local service clubs raise funds to support a variety of local causes. The Lions will host their **2nd Annual Pasta Dinner on Friday October 16th** to support sight and hearing services for the elderly and low income families. As the center will not be having a dinner this month, I urge you to come out and support their efforts instead.



Restaurant & Catering

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June Barber

Voice Instructor
Masters in Vocal Performance
University of Illinois



P.O. Box 67263
Scotts Valley, CA 95067

831-461-9246

junbar222@gmail.com

Our Center is happy to welcome new Bronze Level sponsor, Maurice Mamon of Aardvark Technical Services. Members will also be glad to know that he will taking over the Technology Open Sessions from Ayan starting October 7th. So come on in and see Maurice for help with your digital toys on Wednesdays. Please note the new time of 2pm to 4pm.

Thank You Maurice!

MARY KAY

Linda M. Depner
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lindadepner@marykay.com
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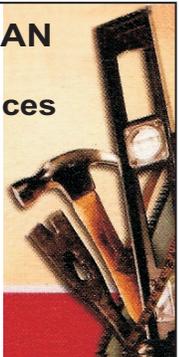
JERRY E. MARTIN

Owner Operator
Santa Cruz County CA 95062

(831) 419-2139 Cell

(831) 479-7841

Jermart50@yahoo.com



Scotts Valley Senior Center Mission Statement

The Senior Center's purpose is to provide a place where seniors may find companionship, help and the opportunity to pursue their interests in educational, recreational and craft activities, and to promote the goodwill and public interests of the community. It is a non-profit, non-sectarian and non-political organization of friendly neighbors.

Dues are \$20.00 per year, payable each July 1st. All donations are tax-deductible. Please make check payable to Scotts Valley Senior Center. Lifetime Membership fee is \$100. To be eligible for membership, you must be 50 years or older. New members pay pro-rated dues.

Darshana Croskrey
(831) 438-8666
Center Coordinator
dcroskrey@scottsvalley.org

See this and older newsletters at www.fbergholz.com
Senior Center Website: www.scottsvalley.org/parks/senior_center.html
www.facebook.com/Scotts-Valley-Senior-Center-824837847557145/timeline/?ref=aymt_homepage_panel

Center closed EVERY 4th Friday of the month for ADMINISTRATION DAY: 10/23, 11/27, 12/25



Scotts Valley Senior Center
370 Kings Village Road
Scotts Valley, CA 95066

Scotts Valley Senior Center Hours

Monday & Wednesday: 10 am - 4 pm

Tuesday, Thursday, Friday: 10 am - 2 pm

Other Hours for Special Events

Directors office hours:
10 am to 1 pm on work days

Phone Number: 831-438-8666

Address: 370 Kings Village Road
Scotts Valley, CA 95066

Please note - On the fourth Friday of every month, the center will be closed. No classes or activities will take place on these days. We apologize for any inconvenience this may cause.

Center Board Members

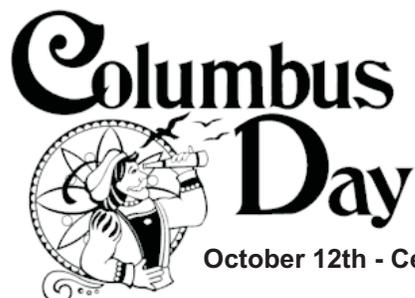
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Editor:
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Scotts Valley Senior Center



October 12th - Center is Closed

