



# Scotts Valley Senior Center



## New Orleans Carnival Dinner

Friday, April 17th

5:00-7:00pm

Scotts Valley Senior Center

Pre-paid Event Only

\$12 members/ \$15 non-members

Sign up deadline April 14th



Memories of the Old South will be evoked as your taste buds will be delighted with flavors of Africa, the Caribbean and France with delicious Cajun comfort food!

## Coordinator's Message



**Our clocks have changed and as our minds and bodies make the adjustment, it means that Spring has sprung, a time for renewal and spring cleaning. Hopefully it means that we will see some April showers ☺ but for sure, tax deadlines ☹**

As always, happenings at the center go at breakneck speed. I would like to offer a word of advice; when you sit to read the newsletter whether in one fell swoop or in stages, DO sit down with a red pen or highlighter to mark things that may be of interest to you. That way, if you want to check something, it will be easier to go back and look it up. People often say to me that they wished

that they had known about this event or the other as that they would have liked to have participated. At this time the newsletter is my only point of communication with ALL of the membership, and as such, it does contain A LOT of information. A red pen will most definitely help!

I have an omission from last month to rectify ~ Thank YOU Bethany Grace!!! Bethany is not a member. However, after seeing an SOS posting for help from me on Facebook, this young microbiologist responded immediately. Participating in both fundraising events, the New York New Year's Eve and the At the Hop, Bethany devoted long hours into the night after busy days at work. She took on many tedious but valuable tasks and indeed, put life back into the tired volunteers present with her calm presence and warm smiles. Bethany will not see this "Thank You" but I wanted all of you to know there are wonderful young people out there who care about seniors and their happiness!

Lastly, inclement weather, remodeling snafus, vacations schedules, unexpected emergencies and other priorities all conspired against us in what should have been a simple matter, however, I am so happy to report the the "new" piano has finally ARRIVED!!! Our overworked Public Works crew under Frank Alvarez took care of things and made it happen. We send a humongous THANK YOU to Anne Ritchey and her family for this wonderfully generous donation to our center. The piano is of stellar quality and in excellent condition! I would also like to thank local musician and music teacher, John Parker, for coming in to play for our Meals on Wheels folks and gave them a rousing good time with music and song!

In closing, **TWO THINGS:**

I would ask that each of us support the center by going to eat at Malone's Grille on Monday April 6th between 11am and 8pm as business owner, Patti Malone, is generously donating **35%** of the proceeds to the center. We will be earmarking those funds towards new patio furniture for our newly refurbished deck....

**AND**

If you want a true taste of the Old South, Kiwanis of the Valleys Member and Deep South native Lisa Ahrweiler, will be the chef for our Carnival Dinner scheduled for Friday April 17th with Linda Benko, myself and other Kiwanis members assisting. Sign up early before April 14th!!!

Until next time ~ **Darshana Croskrey**



## April 2015 Newsletter

*Patti Malone Rocks!!!*

★ **Malone's Grille** ★  
**Hosts Fundraiser**

Benefitting the  
**Scotts Valley Senior Center**

★ **Monday, April 6th** ★  
**11am to 8pm**

★ **Malone's Grille** ★  
4402 Scotts Valley Drive  
Scotts Valley

Malone's will donate **35%** of all full priced food and beverages. Just mention the SV Senior Center.

**Gather your friends and family and support the center ☺**

## 10-Day Mahjong Cruise to Mexico

(Round Trip from San Francisco)

Ship: Grand Princess

**Leave: 09JAN16**

**Return: 19JAN16**

Fares starting from \$999pp + \$156pp taxes, fees & port charges

**Everyone is welcome!**

See or call Darshana for more details 831.438.8666. More information will be included in next issue.



# 2015 Major Events Calendar



<b>JANUARY</b>	Return from Holiday Break	1/5	10am (Monday)
	No dinner this month	-----	-----
	Martin Luther King Administration Day	1/19 1/23	Center Closed Center Closed
<b>FEBRUARY</b>	SVSC Board Meeting	2/5	3:15pm Postponed
	Valentine's Day Dinner "At the Hop" Dance	2/13	6pm
	President's Day Holiday	2/16	Center Closed
	Staying Safe in a Changing World	2/21	1pm - 4pm (Saturday)
	Administration Day	2/27	Center Closed
<b>MARCH</b>	St Patrick's Day Dinner	3/13	5pm
	Administration Day	3/27	Center Closed
	Spring Pancake Breakfast	3/28	8:00am - Noon (Saturday)
<b>APRIL</b>	New Orleans Carnival Dinner	4/17	5pm
	Hospice Advance Directives	4/16	1:30pm - 4pm
	Administration Day	4/24	Center Closed
<b>MAY</b>	Spring Fling Dinner	5/15	5pm
	Administration Day	5/22	Center Closed
	Memorial Day Holiday	5/25	Center Closed
<b>JUNE</b>	Volunteer Luncheon	6/4	1pm (by invitation only)
	SVSC Board Meeting	6/4	3:30pm (open to all)
	SVSC Flea Market	6/6	8am - 2pm
	Around the World in 80 Days Dinner	6/20	5pm
	Administration Day	6/26	Center Closed
<b>JULY</b>	MEMBERSHIP RENEWAL	7/1	<b>DUE NOW!!!</b>
	Independence Day Holiday	7/3	Center Closed
	Americana Hamburger Dinner	7/17	5pm
	Administration Day	7/24	Center Closed
<b>AUGUST</b>	SVSC Flea Market	8/1	8am - 2pm
	Tri-Tip Heaven Dinner	8/14	5pm
	Administration Day	8/28	Center Closed
<b>SEPTEMBER</b>	Labor Day Holiday	9/7	Center Closed
	Grandparents Day Pancake Breakfast	9/13	8am - Noon (Sunday)
	Hamburger BBQ Dinner	9/18	5pm
	Administration Day	9/25	Center Closed
<b>OCTOBER</b>	SVSC Board Meeting	10/1	3:30pm (open to all)
	Sponsor Appreciation Reception	10/2	5pm - 7pm (open to all)
	NO DINNER THIS MONTH	-----	-----
	Columbus Day Holiday	10/12	Center Closed (Monday)
	SV City Council Presentation	10/14	6pm
	Administration Day	10/23	Center Closed
<b>NOVEMBER</b>	Closed for week - Craft Faire Prep	11/2 - 11/6	Center Closed (Monday-Friday)
	Veteran's Day Holiday	11/11	Center Closed (Wednesday)
	Thanksgiving Potluck	11/13	1pm
	Thanksgiving Break	11/26 - 11/30	Center Closed
<b>DECEMBER</b>	Holiday Luncheon	12/11	1pm
	New Year's Eve Party	12/31	6pm - 9pm (Thursday)
	Holiday Break	12/19 - 1/3/16	Center Closed (Re-open 1/4/16)

**NOTE:** Circumstances may require SVSC to make changes and cancellations.  
We apologize for any inconvenience this may cause.

# Happenings at the Center



## The SCOTTS VALLEY SENIOR CENTER serves lunch and plays Bingo every Wednesday.

Lunch starts at 11:30 am till 12 Noon. Donation of \$2.50.

You MUST sign up by Tuesday at noon so that there is sufficient food for all the diners.

<b>April 1st</b>	:	<b>April 8th</b>	:	<b>April 15th</b>	:	<b>April 22nd</b>	:	<b>April 29th</b>
Turkey Divan	:	Macaroni Cheese	:	Sweet and Sour Chicken	:	Mexican Beef Stew	:	Meatloaf,
Beet Salad	:	Broccoli	:	Stir-Fried Green Beans	:	Mixed Vegetables	:	Mashed Potatoes & Gravy
Spinach Salad	:	Beet Salad	:	Cabbage & Peanut Slaw	:	Cabbage Salad	:	Green Salad
Brown Rice Pilaf	:	Banana & Milk	:	Brown Rice	:	Mexican Rice	:	Bread & Butter
Pineapple Juice & Milk	:		:	Pineapple Chunks & Milk	:	Citrus Salad & Milk	:	Orange & Milk



**Wednesdays from 1:00-3:00pm**, right after our Meals on Wheels luncheon. Project Scout runs the bingo games and everyone is invited. We hope to see you here! Cards are .50 each and we also have the pull tabs! 438-8666 for more info.

**Bingo cards are brought out at 12:30 pm.**

### POTLUCK FRIDAY LUNCH

Potluck Friday is growing! Join our host, Marlene Flannery, as she welcomes you to the table of this informal athering to share food and conversation!

**Date:** April 3rd, (Every 1st Friday of the month)  
**Time:** 12:30pm to 2pm



### COFFEE and CONVERSATION

Hostesses, Connie Adkins and Suki Marin, invite you to get your week off to a good start every 2nd Monday of the month. They welcome you to join them for a lively exchange words, ideas, gossip (only the "kind" kind) and of course good coffee!

**Date:** Monday, April 13th (on-going every 2nd Monday)  
**Time:** 10:30am to 12:00pm **Cost:** Free

### Senior Center Van Information

Please give at least 24 hour notice for all van trips and pick up has to be within Scotts Valley. Our drivers are volunteers and sometimes unavailable to drive.

- Monday:** Groceries and Banking
- Tuesday:** Medical Appointments/Groceries
- Wednesday:** Lunch and Bingo at the Center
- Thursday:** Medical Appointments/Groceries
- Friday:** Shopping

#### Members

Travel within Scotts Valley:  
\$1.50 one way or \$3.00 round trip  
Travel outside Scotts Valley:  
\$6.00 one way or \$7.00 round trip

#### Non/Members

Travel within Scotts Valley: \$2.00 one way or \$4.00 round trip  
Travel outside Scotts Valley: \$7.00 one way or \$8.00 round trip

Van Donation price allows a total of two stops.  
Each additional stop is \$.50

Tim Grasso



## Thank You for Your Generous Donations!



#### Patio Furniture Fund

- \$63 Anonymous
- \$100 Janie Bernstein
- \$20 Rita Christie
- \$50 Rick Edwards
- \$100 Paula Kuty
- \$60 Marilyn Magstadt

#### Sound System Fund

- \$5 Anonymous
- \$5 Chris
- \$20 Bill & Nancy Haver
- \$4 Kirit Patel
- \$5 Kiyo Schaeffer



## Rain Water Collection

I know that the rainy season is about over, but it is not too late to install some rainwater collectors. You do not have to go to buried collectors. Some of the Urn type barrels are quite nice even in front of your house. (See mine below) Did you know that a small house, 1000 square feet, will yield 156 gallons of water from only 1/4" of rain ☺

I currently have more than 1200 gallons of rain barrels that are full to the top. I have not turned on an outside water faucet for more than a year. Granted I do not have any lawn, but I have enough saved water to last more than 3 months, even if we get no more rain this year. My plants and flowers have been very happy all year. I choose to water mine with 4 gallon buckets, from my barrels, because of the exercise I get. I do have a small pump and hose if I feel lazy.

There are many places to purchase these barrels. I have bought most of mine from Amazon.com and Home Depot. Scotts Valley Pipe and SV Drive also has some. If you are in the Scotts Valley Water District, they occasionally have them for a Great price. Look around and watch of sales because they are becoming much more popular.

Prices run from as low as \$50 to as high as \$150 for 50 to 65 gallon barrels. The 65 gallon urn with a planter area, shown below, runs from \$109 to \$139 depending on the color you pick from Amazon. Other barrels start at about \$95 for 50 gallon barrels. At Home Depot prices start at about \$74 on line and can be delivered to the store for free. Be sure to check with your Water District for Rebates. Scotts Valley Water district has offered rebates for every 100 gallons of storage you install.

Saving rain water is a Great way to help with the drought. We all need to do our part, so save as much water as possible.



65 gallon urn    50 gallon & 53 gallon barrels    50 gallon square barrel



*I found this so interesting, I had to share it with you.  
Ferd Bergholz*

## Photography Contest ~ The Essence of Scotts Valley



If you are interested in photography, this should interest you! Our sponsor, **Jesse Gabriel Photography** has teamed up with the SV Arts Commission to bring you "The Essence of Scotts Valley". Various categories and over \$500 in cash prizes to be won – runs 2/7 to 4/30

[www.SVContest.com](http://www.SVContest.com) for more information!

## Staying Safe in a Changing World

On Feb 21st Monteville Community Life hosted a gathering on helping seniors to find ways to live independently at home for as long as possible. It brought together an incredible panel of knowledgeable guest speakers covering Ambulance Response Protocols, Banking Safely, Emergency Preparedness for Natural Disasters, Home Safety & Fall Prevention for Seniors (by Familiar Surroundings LLC), Recognizing & Responding to Computer Fraud and The Role of Adult Protective Services.

There was a very nice turnout from the community at large. Although the subject matter was serious, humor was interjected throughout by all who participated in the various conversations. The seminar was very well received and indeed, everyone went away armed with goodies, instruction handouts and lots of food for thought. Speaking of food, the event concluded with a chance for all to mingle and partake in a delicious spread of canapés and beverages provided by MCL.



An enormous **THANK YOU** goes to Co-Chairs of the event - Diane Bianconi and Diane Cohen, MCL President - Dave Hodgins & Board Members, the entire panel of guest speakers and other honored guests, Paul Marigonda SCC Superior Court Judge, Bruce McPherson 5th District Supervisor and Mark Stone California 29th District Assemblyman.

# Activities and Information

## SVSC BOOK WORMS

Patsy Rice reporting in...

Our fieldtrip to Porter memorial Library was a success! The Bookworms felt that local author and historian, Jeffrey Dunn, gave an outstanding presentation. The day was capped off by the group having a wonderful lunch at the restaurant, Michael's on Main.



Here is the book list for the next three months:

**April** Longbourne by Jo Baker

**May** Sweetness at the Bottom of the Pie by Alan Bradley

**June** Unbroken by Laura Hillenbrand

Please come and join us if you enjoy reading ☺

**Date:** Friday, April 17th  
(on-going every 3rd Friday of the month)

**Time:** 1:00pm to 2:30pm

**Cost:** \$2 Members / \$3 Non-Member

## YOGA UPDATE

Due to a lack of participation, the Wednesday evening, 5:30pm Yoga class will discontinued

Yoga will still be offered on Mondays at 8:45am and Thursdays at 10:45am.

We apologize for any inconvenience this may cause.



## MAHJONG ~ BEGINNING/INTERMEDIATE

Looking for something new ☺Ever wondered what Mahjong is about ☺Want to challenge your brain – both sides ☺☺☺Then join in the latest craze at the center. Darshana Croskrey introduces Mahjong to brand new players. She has taken away the intimidation of this complex game by breaking it down to an easy understanding in simple segments. Once you start, you will be hooked!!! Come and join the Mahjong Gang.

**Date:** Mondays

**Time:** 1pm to 3pm

**Cost:** \$2 Members / \$3 Non-Members



## LINE DANCE

**Date:** Noon every Tuesday  
(Except for the 2nd Tuesday)  
9am every Friday  
(Except for the 4th Friday)

**Cost:** \$2 Members / \$3 Non-Members

**Instructor:** Tamima Schwartz



## BEGINNING UKULELE

Stan Meidinger is offering weekly beginning ukulele lessons. Ongoing classes are on:

**Date:** Thursdays **Time:** 12:00pm to 1:00pm

**Cost:** \$7 Members / \$8 Non-Members



## COMPUTER CLASSES Technology ~ Ayan Patel

**Dates:** Every Wednesday

**Cost:** Free\*

**Time:** 2:30pm to 4:30pm



\* However, donations of any amount gladly accepted – proceeds will benefit the Sound System Fund.

Using the center's computers, Ayan will be available to help you navigate the system, answer questions for you and troubleshoot problems you may be having with your Apple or PC. He can also help you with your own laptops, tablets, iPADS, Smart phones, Droids, etc. ~ Great for beginners!

## WATERCOLOR ~ All levels

This class is offered by well-known local artist and center member, Beverly Martin. The class has two parts to it:

- Students work on a personal painting with the instructor rotating and working individually with each person
- The instructor will teach a 15 to 30 minute structured lesson using a certain technique(s) on an on-going piece of artwork. The students will then use that example to create the same thing on their own individual pieces of the same piece of artwork.

**Date:** Thursdays **Time:** 9am to Noon

**Cost:** \$10 (m) \$15 (n-m)



## THE ART OF SKETCHING ~ Instructor, Sammy Khalil

**Date:** Fridays

**Time:** 10am to 11:30pm

**Cost:** \$5 members and \$7 non-members



Sammy will share his knowledge to teach you basic sketching using a variety of medium - graphite, charcoal, pastels, watercolors, pencils, crayons, ink and more. Sammy's goal is for you to be able to complete a sketch in a short period of time and, for one's inner creativity to blossom. He believes that anyone can produce wonderful results given some basic knowledge. Join Sammy and unleash your inner artist!

## ART OF ZENTANGLE

The Art of Zentangle promotes therapeutic relaxation. The processes used will help increase your mental focus, fine motor skills and ease stress and anxiety.

**Date:** Fridays (Except for 4th Friday)

**Time:** 11:30am to 12:30pm

**Instructor:** Angie Wisdom

**Cost:** \$3 members/\$5 non-members



# Special Events

## Armchair Topics and Birthday Celebrations

**Date:** Thursday, April 30th

**Time:** 1:15pm - 2:15pm

**Topic:** "Engagements, Weddings & Honeymoons"

Bring your special memories and share your individual stories of these special times. Whether you celebrated on a shoestring, pulled out all the stops or even eloped, everyone's story is unique – join us for a lovely trip down memory lane....and don't forget to bring photographs to share with us as well!!!

**Please note:** If there is a special topic you would like to learn about or if you know of a speaker that you feel will be of interest to our members, please contact Darshana at 438-8666.



**to the following Scotts Valley Senior Center Members. If You see any of these Members, please wish them a HAPPY BIRTHDAY. Best wishes from the entire Scotts Valley Senior Center.**

Shirley Anderson	1	Merle Froshman	1	Linda Rossi	2
Carol Ann Toepfer	2	Victoria Wilson	3	Nancy Nichols	4
Patsy Rice	4	Thomas Blease	5	Linda Depner	5
Janice Lages	5	Elwood "Perk"	5	Henry (Hank) Crook	6
Peter W. Dunhaver	6	Fran Ordway	7	Karlene Reyes	8
Laurie Norton	9	Steve Skold	9	Chi-Cha Russo	10
Mike Lobue	11	Margaret Nordstrom	11	Rachel Devereaux	13
Bonnie Rodgers	13	Kimberly Clark	14	Bill Lynch	14
Chris Ross	14	Cathy Seapy	14	Ken Simpkins	14
Arline Skemp	15	Michelle Wahl	15	Janet Hassler	16
Mary Kirk	16	Marilyn Vaughn	18	Lori Lindeke	19
Ralph Reyes	19	Cookie Leaf	20	Rita Eiriksson	21
Bob Leaf	21	Anita Lucketti	21	Diane Collopy	22
John Daly	22	Donna Nation	22	Sheri Norbosh	22
Janet Bostrom	23	Tom Hewett	23	John Crivello	25
Claire Dubois	25	Bernice Rendrick	25	Velma I. Potter	26
Jolinda Resa	26	Mary Smith	26	Mary Ward	26
Mary Ward	26	Marion Broughton	28	Tim Johnson	28
Kerry Njust	28	Janet Vanderhoof	28	Marjorie Vickner	28
Ruth Worthen	28	Judith Hillman	29	Darren Price	29
Gerry Rieger	30	Herb Snow	30		

## April Muncheon Movie

PRE-PAID EVENT ONLY

Price includes Lunch, Dessert, Movie, Popcorn and Soda

**Date:** Tuesday, April 14th

**Time:** Noon

**Cost:** Members \$5 / Non-Members \$6

**Lunch:** "Little Havana" Cuban Lunch & Dessert

**Movie:** Chef ~ a comedy, 2014 Release

**Sign up by close of day Friday April 10th**



Mark Your Calendar

### 2015

# FLEA MARKET



Saturday June 6th ~ 8am to 2pm

Saturday August 1st ~ 8am to 2pm

Chairperson: Terri Ritchie

Call for more information: 831.818.3107

## Activity Leaders

m = Members  
n/m = Non-Members

<b>Art of Sketching</b>	Sammy Khalil	\$5 m	\$7 n/m
<b>Bingo</b>	Project Scout	\$.50 per card	
<b>Bocce</b>	Susan Taylor	\$2 m	N/A
<b>Book Worms</b>	Patsy Rice	\$2 m	\$3 n/m
<b>Bunko</b>	Irene Bustichi/Sandy Payton	\$7 m	\$8 n/m
<b>Bridge</b>	Marilyn Snyder	\$2 m	\$3 n/m
<b>Canasta</b>	Mercedes Sarsi	\$2 m	\$3 n/m
<b>Chess</b>	Peter Maurer	\$2 m	\$3 n/m
<b>Computer Lab</b>	Ayan Patel	Free	Free
<b>Cribbage</b>	Fran Rosen	\$2 m	\$3 n/m
<b>Coffee &amp; Conversation</b>	Connie Adkins/ Suki Marin	Free	N/A
<b>Stretch &amp; Condition</b>	June Barber	\$2 m	\$3 n/m
<b>Handbells</b>	Shirley Hipwell	Free	Free
<b>Home Arts</b>	Billie Street	\$5 m	\$6 n/m
<b>Line Dance</b>	Tamima Schwartz	\$2 m	\$3 n/m
<b>Mahjong</b>	Darshana Croskrey	\$2 m	\$3 n/m
<b>Meals on Wheels</b>	Sandy Payton	\$2.50 m	\$2.50 n/m
<b>Muncheon Movie</b>	Marlene Flannery	\$5 m	\$6 n/m
<b>Pinochle</b>	Donna Silvia	\$2 m	\$3 n/m
<b>Poker</b>	Ruth Lambert	\$2 m	\$3 n/m
<b>Potluck Lunch</b>	Marlene Flannery	\$2	plus a potluck dish to share
<b>Scrabble</b>	Donna & Betty Cederlund	\$2 m	\$3 n/m
<b>Ukulele</b>	Stan Meidinger	\$7 m	\$8 n/m
<b>Watercolor</b>	Beverly Martin	\$10 m	\$15 n/m
<b>Writing</b>	Jack McKellar & Joanne Stewart	\$5 m	\$6 n/m
<b>Yoga</b>	Padma Rudraraju	\$3 m	\$5 n/m
<b>Zentangle Art</b>	Angie Wisdom	\$3m	\$5 n/m
<b>Zumba</b>	Leatrice Bachan	\$3 m	\$5 n/m

# April Calendar

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**1**  
**Meals on Wheels Lunch**  
 11:30am - 12pm  
  
**Meals on Wheels**  
*We deliver smiles™*  
**Bingo** 1pm - 3pm  
**Technology Open Session**  
 2:30pm - 4p

**2**  
**Watercolor** 9am - 12pm  
**Zumba** 9:30am - 10:30am  
**Yoga** 10:45am - 11:45am  
**Beginning Ukulele** 12pm - 1pm  
**Cribbage** 1:15pm - 3:15pm  
**Poker** 1:15pm - 3:15pm  
**Partner's Bridge** 1:15 - 3:15pm  
**Pinochle** 1:15pm - 3:15pm  
**Tax Preparation** 1:30 - 3:30pm

**3**  
**Beg/Int Line Dance**  
 9am - 10am  
**Stretch & Condition**  
 10am - 11am  
**Art of Sketching**  
 10am - 11:30pm  
**Zentangles Art**  
 11:30am - 12:30pm  
**Potluck Friday Lunch**  
 12:30pm - 2pm

EASTER 4/5

**6**  
**Yoga** 8:45am - 9:45am  
**Stretch&Condition** 10am-11am  
**Coffee & Conversation**  
 10:30am - 12pm  
**Health News** 11am - 12pm  
**Bridge** 12:15pm - 3pm  
**Scrabble** 1pm - 3pm  
**Chess** 1pm - 3pm  
**Canasta** 1pm - 3pm  
**Mahjong** 1pm - 3pm  
**Zumba Friends** 6pm - 7pm

**7**  
**Zumba** 9am - 10am  
**Writing Class** 10am - 12pm  
**Beg/Int Line Dance**  
 12am - 1pm  
  
**Home Arts** 2pm - 9pm

**8**  
**Meals on Wheels Lunch**  
 11:30am - 12pm  
**Bingo** 1pm - 3pm  
  
**Technology Open Session** 2:30pm - 4pm

**9**  
**Watercolor** 9am - 12pm  
**Zumba** 9:30am - 10:30am  
**Yoga** 10:45am - 11:45am  
**Beginning Ukulele** 12pm - 1pm  
**Bunko** 1:15pm - 3:15pm  
**Cribbage** 1:15pm - 3:15pm  
**Poker** 1:15pm - 3:15pm  
**Pinochle** 1:15pm - 3:15pm  
**Tax Preparation** 1:30 - 3:30pm  
  
**Deadline for Muncieon Movie**

**10**  
**Beg/Int Line Dance**  
 9am - 10am  
**Stretch & Cond** 10am - 11am  
**Art of Sketching** 10am-11:30pm  
**Zentangles Art**  
 11:30am - 12:30pm  
  
**Deadline for Muncieon Movie**

**13**  
**Yoga** 8:45am - 9:45am  
**Stretch & Condition**  
 10am - 11am  
**Latest Health News**  
 11am - 12pm  
**Bridge** 12:15pm - 3pm  
**Scrabble** 1pm - 3pm  
**Chess** 1pm - 3pm  
**Canasta** 1pm - 3pm  
**Mahjong** 1pm - 3pm  
**Zumba Friends** 6pm - 7pm

**14**  
**Zumba** 9am - 10am  
**Writing Class** 10am - 12pm  
**Muncieon Movie** 12pm  
  
**Deadline for Carnival Dinner**

**15**  
**Meals on Wheels Lunch**  
 11:30am - 12pm  
  
**Bingo** 1pm - 3pm  
**Technology Open Session** 2:30pm - 4pm

**16**  
**Watercolor** 9am - 12pm  
**Zumba** 9:30am - 10:30am  
**Yoga** 10:45am - 11:45am  
**Beginning Ukulele** 12pm - 1pm  
**Cribbage** 1:15pm - 3:15pm  
**Poker** 1:15pm - 3:15pm  
**Pinochle** 1:15pm - 3:15pm  
**Sign up for Advance Directives** 1:30pm-4pm

**17**  
**Beg/Int Line Dance**  
 9am - 10am  
**Stretch & Condition**  
 10am - 11am  
**Art of Sketching**  
 10am - 11:30pm  
**Book Worms** 1pm - 2:30pm  
**Zentangles Art**  
 11:30am - 12:30pm  
**New Orleans Carnival Dinner** 5pm-7pm

**20**  
**Yoga** 8:45am - 9:45am  
**Stretch & Condition**  
 10am - 11am  
**Latest Health News**  
 11am - 12pm  
**Bridge** 12:15pm - 3pm  
**Scrabble** 1pm - 3pm  
**Chess** 1pm - 3pm  
**Canasta** 1pm - 3pm  
**Mahjong** 1pm - 3pm  
**Zumba Friends** 6pm - 7pm

**21**  
**Zumba** 9am - 10am  
  
**Writing Class** 10am - 12pm  
**Beg/Int Line Dance**  
 12am - 1pm  
**Home Arts** 2pm - 9pm

**22**  
**Meals on Wheels Lunch**  
 11:30am - 12pm  
**Bingo** 1pm - 3pm  
**Technology Open Session** 2:30pm - 4pm

**23**  
**Watercolor** 9am - 12pm  
**Zumba** 9:30am - 10:30am  
**Yoga** 10:45am - 11:45am  
**Beginning Ukulele** 12pm - 1pm  
  
**Cribbage** 1:15pm - 3:15pm  
**Poker** 1:15pm - 3:15pm  
**Pinochle** 1:15pm - 3:15pm

**24**  
  
**Administration Day Center is CLOSED**

**27**  
**Same Activities as April 20th**

**28**  
**Same Activities as April 21th**

**29**  
**Same Activities as April 22th**

**30**  
**Same Activities as April 23th**  
**Armchair Topics** 1:15pm - 2:15pm  
**Birthday Cake Celebration** 2:15pm - 3pm

# Happenings at the Center

## St. Patrick's Dinner



### Scotts Valley Senior Center Advertising Rates Per Year

LEVEL	WHAT IS INCLUDED	COST
Copper	Newsletter only	\$60
Bronze	Small (approx 4" x 6") customized display on Sponsor Board	\$50
Silver	Medium (approx 6" x 8") customized display on Sponsor Board	\$100
Gold	Large (approx 8" x 11") customized display on Sponsor Board	\$150
Platinum	<b>Best value:</b> Includes the newsletter, large display on the Sponsor Board and one free rental of the facility (up to a maximum of four hours). Please note, the facility has to be available at time of booking. <b>This deal is valued at over \$400!!!</b>	\$250

## Sunshine Note



Thinking of You,  
We Miss You ~

Marion Broughton, Nancy Bowie, Nancy Haver, Charlotte Hoogosian, Sandy Payton, Helen Pieoxto & Millie Vogler

## Milestone Celebrations:

We celebrated our lovely **Leatrice**, Zumba Teacher Extraordinaire at a lunch in her honor. Her light and energy is a boon to our center!



**Mr. Gayle Amack** ~ 84 years young, seen here with his wife Nancy.



Congratulations to **Harold and Patsy Rice** as they celebrated their 53rd wedding anniversary on March 24th with a two day getaway to lovely Pacific Grove!

These sunny smiles belong to **Jen & Clare Bachman**. These two special women have reached a milestone at the center; this month they will have completed FIVE years of volunteering at the center. We are so fortunate to have them as part of our team and many of you will also recall Brynn, their delightful little daughter who is following in their footsteps and will soon be helping to serve at all of our events – wink, wink! Thank YOU Jen and Clare for being such loyal and dedicated volunteers ☺



## Au Revoir & Bon Voyage Glenn & Mimi Patterson

Thank You to all who helped to put on and attended the farewell party for our Bocce King and Queen. They have done an outstanding job of building it into what it is today, a Bocce League of over 100 members strong – how proud are we to be able to say that ☺! Sadly the urge to swop the ocean and pine trees for a lake and sequoias won and we now bid Adieu with grateful appreciation.

Their successor is Susan Taylor... more on Susan in next month's issue ☺



## Welcome New Members

Leslie Austin, Sarah Butterfield, Stephanie Caverly, Hugh Davidson, Jaqueline Dunne, Carol Lee, Sophie Moore, Donald Pederson, Joan Pedersen, Perk Perkins, Arlene Skemp, Ann Stephens, Jolene Tackett, Carol Ann Toepfer, David Toepfer & Elaine Wasserman

## THANK YOU FOR JOINING OUR SV SENIOR CENTER

Want to become a member ☺

Join the center, join the fun...It's easy as 1.2.3.

- 1 - See one of our nice receptionists during center hours
- 2 - Spend two minutes filling your membership application form
- 3 - Turn in form and \$20 annual fee to the nice receptionist – **DONE!**  
(New members pay pro-rated dues)



## CPR Class is forming...

Times have changed. CPR has changed. Get in the know by taking this class!! You never know when the knowledge from this class will help save a life of a loved one or a stranger

Once we get 12 people signed up, we will schedule a class (most likely on a Friday, during the day) – SIGN UP and STAY TUNED!!! Call **831.438.8666**

Cost: \$30 per person

**LEARN CPR**  
You Can Do It!

## MAKING CHANGE IS HARD TO DO!



In order to make the lives of our hard working receptionists easier, please remember to keep extra dollar bills handy when coming

to the center. It make the accounting process so much easier for them when paying for your activities ~ **Thank You!**

## Donations Needed at The Boutique

We thank everyone who helps support The Boutique - those who donate, those who buy, those who tell others about it! Sue and Linda would like you to know they are actively seeking more donations as their inventory is low. Should you decide to start your Spring Cleaning early, they would be overjoyed if you would send off items their way!

## Do You Need Tax Preparation Help ☺

Project Scout will once again offer complimentary tax preparation and filing for seniors. As usual, this service is strictly for ages 60 years of age and older and at our site, it requires an appointment - NO WALK-INS ACCEPTED. We will start taking reservations for appointments beginning the week of January 12th, 2015. Tax preparers will begin Thursday February 5th and continue every Thursday thereafter until Thursday April 9th, 2015. Do not be disappointed, make your appointment early and start collecting your required paperwork early!!!

# Platinum Business Sponsors



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Real Estate Broker  
 DRE #00606749

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## Sponsor Update

Thank YOU Jeanne Shada, owner of  
 Scotts Valley Property Management  
 for not only renewing her sponsorship  
 of the center but for also UPGRADING  
 it to the Platinum Level!!! The center  
 truly appreciates your support ☺

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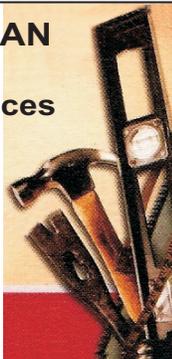
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President

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[junbar222@gmail.com](mailto:junbar222@gmail.com)

## Scotts Valley Senior Center Hours

**Monday, Wednesday:** 10 am - 4 pm

**Tuesday, Thursday and Friday:** 10 am - 2 pm

### Other Hours for Special Events

#### Directors office hours:

10 am to 1 pm on work days

**Phone Number:** 831-438-8666

**Address:** 370 Kings Village Road  
Scotts Valley, CA 95066

**Please note** - On the fourth Friday of every month, the center will be closed. No classes or activities will take place on these days. We apologize for any inconvenience this may cause.

See this and older newsletters on the internet at [www.fbergholz.com](http://www.fbergholz.com)  
Senior Center Website: [www.scottsvally.org/parks/senior\\_center.html](http://www.scottsvally.org/parks/senior_center.html)  
[www.myscottsvally.com](http://www.myscottsvally.com) and [www.facebook.com/MyScottsValley](http://www.facebook.com/MyScottsValley)



Scotts Valley Senior Center

## Scotts Valley Senior Center Mission Statement

The Senior Center's purpose is to provide a place where seniors may find companionship, help and the opportunity to pursue their interests in educational, recreational and craft activities, and to promote the goodwill and public interests of the community. It is a non-profit, non-sectarian and non-political organization of friendly neighbors.

Dues are \$20.00 per year, payable each July 1st. All donations are tax-deductible. Please make check payable to Scotts Valley Senior Center. Lifetime Membership fee is \$100. To be eligible for membership, you must be 50 years or older. New members pay pro-rated dues.

**Darshana Croskrey**  
Center Coordinator

(831) 438-8666

[dcroskrey@scottsvally.org](mailto:dcroskrey@scottsvally.org)

## Scotts Valley Senior Center Board Members

Ferd Bergholz ~ Chairman of the Board  
Harvey Bustichi                      Gary Cramer  
Gillian McGlaze                      Terri Ritchie  
Margaret Schraft                      Tom Steinhaus



Editor: Becca Mosley

Center closed EVERY 4th Friday of the month for ADMINISTRATION DAY: 4/24, 5/22, 6/26, 7/24, 8/28, 9/25, 10/23, 11/27, 12/25.



**Scotts Valley Senior Center**  
370 Kings Village Road  
Scotts Valley, CA 95066

