



Scotts Valley Senior Center



March 2014 Newsletter

Newsletter Editor: Becca Mosley

Coordinator's Message



Top O' the Morning to You - Hope you are all ready for some yummy corned beef and cabbage. May you all find your pot of gold, be it companionship, good health, travels or whatever the "gold" represents. That is my wish for you.

February flew by in a blink of an eye. We had some new events and of course, old favorites to enjoy. There have been some celebrations and yummy meals shared. We also have welcomed 20 new members!!!



Time does not stand still for anyone and with that I am happy to share the news that this year marks the **Scotts Valley Senior Center's 25th Anniversary!** **SAVE THE DATE: April 11th.** We plan to celebrate on that day, details will follow in the April newsletter.

Thank you for all the wonderful compliments and feedback regarding the new format of the newsletter. Becca is a creative whiz, extremely talented and I feel we won the jackpot when she told me that she wanted to volunteer to take it on! Please be sure to keep a copy of the 2014 Master Calendar that has been included in this month's issue. It is chock o'block full of events. I would hate for you to miss out on anything doings here at the center!!! Wouldn't you???

I would like to introduce and thank our newest sponsor, Terica Pratt, Certified Massage Therapist. In addition to Deep Tissue and Swedish Massage, she specializes in Raindrop Therapy and Seated Massage. We also thank Chiropractor, Dr. Paige Thibodeau for her continuing support – FYI, keeping it in the family, she is a third generation chiropractor; and too, Robert Hultzen, Attorney-at-Law who specializes in Living Trusts and has been practicing for over forty years.

The artwork shared by Sammy Khalil is being enjoyed by all. We will have an Artist Reception on March 20th at 2pm for him. Please do join us. As Armchair Topics and The Art of Origami have not yet taken place at the time of getting this newsletter to press, I will report on them next time. However, please DO join me in the **Zentangles** session with art teacher, Angie Wisdom and have YOUR artwork displayed on the next Art Rotation starting in April. Sooo excited about her class!

I am happy to announce that the Mahjong card order garnered 37 orders which means we are accorded the privilege of having the National Mahjong League grant some funds to the charity of our choice. Our group chose Valley Churches United Missions to be the beneficiary in honor of Annette Marcum. They will receive some funds in September

"Opinions by Ferd" is garnering a following. Researching takes time and patience. He helps to alleviate our frustrations and increase our knowledge on all things "technical". Ferd helps to protect a vulnerable section society – us!!! Along that vein, DO NOT miss Armchair Topics this month. Robyn Dyson will be here to share information from the District Attorney's Office to help protect yourselves.

I am out of time and space (you have heard that before) – but before I go, I invite you to join myself and the rest of the gang for the **St. Patrick's Day Dinner** and our delicious **SPRING PANCAKE BREAKFAST**...and not to mention all the other fun activities, classes and foodie events....

Until next time ~ *Darshana Croskrey*

2014 Major Events Calendar

JAN	Return from Holiday Break	1/6	10am
	No dinner this month	-----	
	Martin Luther King	1/20	Center Closed
	Furlough Friday	1/24	Center Closed
FEB	SVSC Board Meeting	2/6	3:15pm
	Valentine's Day Luncheon	2/14	1pm
	President's Day Holiday	2/17	Center Closed
	Furlough Friday	2/28	Center Closed
MAR	St Patrick's Day Dinner	3/14	5pm
	Senior Scams/Senior Safety	3/27	1pm - 3pm
	Speaker from D.A.'s office		
	Art Showcase Reception ~ Sammy Khalil	3/20	2pm to 3pm
	Furlough Friday	3/28	Center Closed
	Spring Pancake Breakfast	3/30	8:00am - Noon
APR	SVSC Silver Anniversary Party	4/11	5pm - 7pm
	Art Showcase Reception ~ Parks & Rec Students and SVSC Members	4/18	5pm to 6:30pm
	AARP Driver's Ed (Part 1)	4/19	12:30pm - 4:30pm
	Easter Monday Holiday	4/21	Center Closed
	Furlough Friday	4/25	Center Closed
	AARP Driver's Ed (Part 2)	4/26	12:30pm - 4:30pm
MAY	Cinco de Mayo Dinner	5/16	5pm
	Ladies Night Out	5/30	6:30pm - 9:30pm
	Furlough Friday	5/23	Center Closed
	Memorial Day Holiday	5/26	Center Closed
JUN	SVSC Flea Market	6/1	8am - 2pm
	Volunteer Luncheon	6/5	1pm (by invitation only)
	SVSC Board Meeting	6/5	3:15pm
	BBQ Dinner	6/20	5pm
	Furlough Friday	6/27	Center Closed
JUL	MEMBERSHIP RENEWAL	7/1	DUE NOW!!!
	Independence Day Holiday	7/4	Center Closed
	SVSC Flea Market	7/6	8am - 2pm
	Chef Bustichi's Dinner	7/18	5pm
	Furlough Friday	7/25	Center Closed
AUG	SVSC Flea Market	8/3	8am - 2pm
	Tri-Tip Dinner	8/15	5pm
	Furlough Friday	8/22	Center Closed
	Labor Day Holiday	9/1	Center Closed
	SVSC Board Meeting	9/4	3:15pm
SEP	Grandparents Day Pancake Breakfast	9/7	8am - Noon
	International Night Dinner	9/19	5pm
	Furlough Friday	9/26	Center Closed
OCT	No dinner this month	-----	
	Sponsor Appreciation Reception	10/3	5pm - 7pm
	Columbus Day Holiday	10/13	Center Closed
	SV City Council Presentation	10/15	6pm
	Furlough Friday	10/24	Center Closed
	NO ACTIVITIES – Prep for Craft Faire Weekend - 10/27 to 10/31 & 11/3		
NOV	Craft Faire Weekend	11/1st/2nd	9am - 4pm/10am - 4pm
	Veteran's Day Holiday	11/11	Center Closed
	Thanksgiving Potluck	11/14	1pm
	Thanksgiving Break	11/26 - 11/30	Center Closed
DEC	Holiday Luncheon	12/12	1pm
	New Year's Eve Party	12/31	TBD
	Holiday Break	12/22 - 1/4/15	Center Closed

NOTE: Circumstances may require SVSC to make changes and cancellations. We apologize for any inconvenience this may cause.



**Sammy Khalil
Art Showcase
Reception
March 20th
2pm to 3pm**



March Activities

POTLUCK FRIDAY LUNCH

In response to numerous requests for more potluck gatherings, we thought we would give Potluck Fridays a go once a month and see how it grows! It will be very informal and whether 2 or 10 or 50 people gather, anytime you have food and conversation, a good time is had by all. See you on the 7th with your dish to share.



Date: Friday, March 7th
(on-going every 1st Friday of the month)
Time: 11:15am to 12:45pm
Cost: \$2.00 and a potluck dish to share

COFFEE & CONVERSATION

Hostesses, Connie Adkins and Suki Marin, invite you to get your week off to a good start every 2nd Monday of the month. They welcome you to join them for a lively exchange words, ideas, gossip (only the "kind" kind) and of course, good coffee!



Date: Monday, March 10th
(on-going every 2nd Monday of the month)
Time: 10:30am to 12:00pm
Cost: Free

MARCH MUNCHEON MOVIE ~ PRE-PAID EVENT ONLY

Sign up by close of day Friday, March 7th

Date: Tuesday, March 11th
Time: Noon
Cost: Members: \$5.00 Non-Members: \$6.00
Lunch: Shepherd's Pie and Jam Tart & Custard
Movie: "About Time" – a 2013 movie starring Bill Nighy & Rachel McAdams



ZENTANGLES – The Art of Doodling

SV Parks & Rec art teacher, Angie Wisdom has an invitation for you! Join her as she introduces you to an art form that promotes therapeutic relaxation! The processes used in Zentangling will help increase your mental focus, fine motor skills and ease stress and anxiety. Try something new and sign up for this complimentary class now - come alone, as a couple or with friends!



Date: Friday, March 21st
Time: 11:30am to 12:30pm
Cost: FREE

LINE DANCE SOCIAL

Join Jeanne Wilson as you Line Dance the evening away!

Date: 1st Friday of the Month
Time: 7pm - 9pm
Cost: \$5 members / \$7 non-members



St. Patrick's Day Dinner

By Fran Rosen



There were such goodies last year, remember them? Marlene and her crew will be busy as before Our St. Patrick's Day Dinner is coming once more Corned Beef and Cabbage and Irish Soda Bread Write it on your calendar so you won't forget

Date: Friday, March 14th
Time: 5:00pm to 7:00pm
Cost: \$10 Members and \$12 Non-Members
Menu: Corned Beef and Cabbage
Deadline: Sign up by the close of day on March 11

Spring Pancake Breakfast

By Fran Rosen

Delicious pancakes three different ways What a wonderful way to start the day Ham and eggs and orange juice, too It will be here waiting for you



Date: Sunday, March 30th
Time: 8:00am to Noon
Cost: \$ 6.50

Spread the news and bring your friends & family!!!



Writing Class

Coming in April ~~~~~

K-LOVE COOKING CLASS

Back for Round Two: Returning to us is Eun-Kyung Otte with her offering of another heart-healthy, delicious and tasty Korean cooking class demonstration. This one will focus on a variety of Korean pancakes.

Date: Wednesday, April 2nd
Time: 4pm to 6pm
Cost: Members \$15 & Non-Members \$18
PRE-PAID EVENT ONLY
Sign up by 3/26 close of day

WATER EXERCISE CLASS ~ 90 degree water & chair lift

Day: Fridays
Time: 1pm to 3pm
Place: Siltanen Park Swim Center
Cost: \$15 per three week session
Register at Skypark Parks & Rec Office
For more info call: 438-3251

Announcements

New Afternoon Bocce for Seniors



Seniors' Bocce is busting at its seams! A **NEW** Wednesday early afternoon league of four teams will open this Spring IF a dozen or more seniors register for this new league. This is a welcome expansion for both new and experienced senior bocce players. Join us for this Scotts Valley tradition.

League play commences week of March 28th at Skypark's Bocce Courts.

M-F 9:30am to 11:30am and Wed 12:00pm to 2:00pm
New players are ALWAYS welcome and are offered a free bocce lesson.

- Deadline is March 7th
- Register at the Rec Office between 8am and 5pm
- Limited to SVSC members in good standing only
- Cost: \$2.00 fee per game

2014 Discount Coupon Books Are Here Only \$10 each!



Do yourself a favor... Pick up one for yourself, another one for your other car (so there is always one within reach) Some more for your family members to help them save money too, and...A few more for hostess gifts and thank you gifts – your friends will appreciate them!

Computer Classes



Technology ~ Ayan Patel
Dates: Every Wednesday
Cost: Free*
Time: 3:15pm to 4:30pm

* However, donations of any amount gladly accepted – proceeds will benefit the Sound System Fund.

Using the center's computers, Ayan will be available to help you navigate the system, answer questions for you and trouble-shoot problems you may be having with your Apple or PC. He can also help you with your own laptops, tablets, iPADS, Smart phones, Droids, etc. ~ Great for beginners!

Private Sessions

Members are welcome to schedule individual one-hour sessions with Ayan for \$30. All proceeds benefit the computer program at the center. Call center to schedule an appointment.

2014 Project Scout Tax Assistance Program



The center is very busy on Thursdays but the tax program is very important to all of us. In light of this, I have had to make some minor adjustments. We will be enacting the following changes and ask for your understanding:

- New times for Scotts Valley are 1:15pm to 3:15pm
- By appointment only - please call (831) 438-8666 starting January 20th
- No-one 59 years of age OR younger will be accepted - NO EXCEPTIONS

To avoid any disappointment, I have asked Project Scout to advertise the above to all their sources. Additionally, it would help if members can help spread the word as well.

Parks and Recreation Needs Volunteer Readers for Kinder Kamp



Check this out! Do you like reading out loud? If so, Kristin Ard is looking forward to meeting with you.

They need several volunteer readers for the kindergartners in their program at both school sites, Brook Knoll and Vine Hill. This rewarding and fun activity could be just for you. It requires a half hour commitment a week and the frequency, site, timing may be of YOUR choice.

See Darshana or call Kristin directly at 438-3251

Attention All Bridge Players...

A new "Partners Bridge" group is forming. The day and time to be arranged, it is an opportunity to play with other partners. If you don't have a partner, we will help find you one. The rules, etc. will be organized upon the first meeting. Sign up sheet is located at the reception desk.



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Jesse Gabriel PHOTOGRAPHY



2009 Business of the Year

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Scotts Valley Senior Center Advertizing Rates Per Year

LEVEL	WHAT IS INCLUDED	COST
Copper	Newsletter only	\$60
Bronze	Small (approx 4" x 6") customized display on Sponsor Board	\$50
Silver	Medium (approx 6" x 8") customized display on Sponsor Board	\$100
Gold	Large (approx 8" x 11") customized display on Sponsor Board	\$150
Platinum	Best value: Includes the newsletter, large display on the Sponsor Board and one free rental of the facility (up to a maximum of four hours). Please note, the facility has to be available at time of booking. This deal is valued at over \$400!!!	\$250

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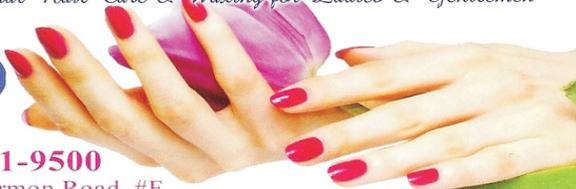
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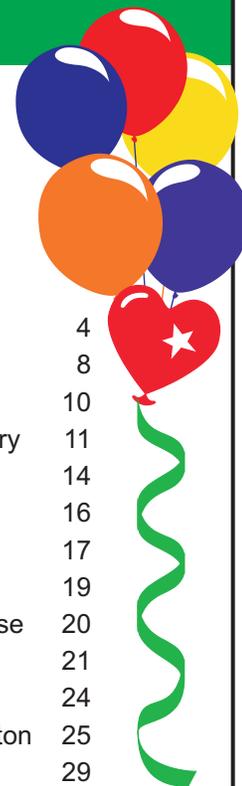
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(831) 461-9500
216 Mt. Hermon Road, #F
Scotts Valley, CA 95066
(Inside King's Village Shopping Center)

Mon-Sat.: 10AM-7PM
Sun.: 11AM-5PM



March Activities



March Birthday Celebrations

HAPPY BIRTHDAY to the following Scotts Valley Senior Center Members. If You see any of these Members, please wish them a **HAPPY BIRTHDAY**. Come celebrate on the last Thursday of the month at 2:00pm. This party is open to all. Best wishes from the entire Scotts Valley Senior Center.

Carol Eicher	3	Donna Silvia	3	Lois Willis	3	Doreen M. Land	4
Joanna McCavitt	4	Pegatha (Peg)	5	Shulan Liaw	5	Lisa Bustichi	8
Lawrence Fogel	8	Marlene Flannery	9	Sandi Rinde	9	Bonnie Higgins	10
Howard Lowe	10	Cherry Nittler	10	Leatrice Bachan	11	Melody Kingsbury	11
Vaughn Parsons	12	Gloria Crivello	13	Stella Cuprys	14	Barbara Higgs	14
Anne Jacques	14	Marilyn Haughey	15	Evelyn Reynolds	15	Patsy J. Wright	16
Pat Huntsinger	17	Patricia Leidt	17	Don McClish	17	Charles Rouse	17
Nancy Deming	18	Shirley Margraves	18	Josie Schoonover	18	Brian Kindell	19
Acacia Fruitgarden	20	Donald Reynolds	20	Virginia Roddy	20	Vince Woodhouse	20
Tom Davis	21	Alan Gibbs	21	Gordon Johnson	21	Mary Mulligan	21
Ruth Ross	21	Karen Kilner	23	Carla Vaughan	23	Joan Jacobs	24
David F Mc Clay	24	Mary Neill	24	Carol Beck	25	Carolyn Harrington	25
Carole Joyce	26	Mair Mullen	26	Molly Matthews	27	Paul Browne	29
Gillian McGlaze	29	Sheron Hsu	30	Cynthia Lemmon	31	Mercedes Sarsi	31

March Armchair Topics



Date: Thursday, March 27th

Time: 1:00pm to 3:00pm

Topic: SENIOR SAFETY ~

Scams Targeting

Santa Cruz County

Senior Citizen Residents

Guest Speaker: Robin Dyson, Consumer Affairs Coordinator for the Santa Cruz County District Attorney's Office. She has been with the Consumer Affairs office for more than 25 years and works to assist consumers with filing complaints about disputes with businesses or service providers. Her department offers the latest information concerning scams that target Santa Cruz residents. Because senior citizens are especially vulnerable to scams that come in the mail and over the telephone, she makes a point of sharing this information through local presentations. The District Attorney's office also prosecutes white collar crimes and cases of elder abuse. Be pro-active in protecting your safety, well-being and interests and join us to receive this valuable information!

Activity Leaders

Art of Therapy	Joanne Stewart	\$12 m	\$15 n/m
Bingo	Project Scout	\$.50 per card	
Bocce	Mimi Patterson	\$2 m	N/A
Bunko	Irene Bustichi/Sandy Payton	\$7 m	\$8 n/m
Bridge	Marilyn Snyder	\$2 m	\$3 n/m
Canasta	Janet Hassler	\$2 m	\$3 n/m
Computer Lab	Ayan Patel	Free	Free
Cribbage	Fran Rosen	\$2 m	\$3 n/m
Coffee & Conversation	Connie Adkins/ Suki Marin	Free	N/A
Stretch & Condition	June Barber	\$2 m	\$3 n/m
Home Arts	Billie Street	\$5 m	\$6 n/m
Korean Cooking	EunKyung Otte	\$15 m	\$18 n/m
Line Dance	Tamima Schwartz	\$2 m	\$3 n/m
Line Dance Social	Jeanne Wilson	\$5 m	\$7 n/m
Mahjong	Darshana Croskrey	\$2 m	\$3 n/m
Meals on Wheels	Sandy Payton	\$2.50 m	\$2.50 n/m
Muncheon Movie	Marlene Flannery	\$5 m	\$6 n/m
Pinochle	Donna Silva	\$2 m	\$3 n/m
Poker	Ruth Lambert	\$2 m	\$3 n/m
Ukulele	Stan Meidinger	\$7 m	\$8 n/m
Watercolor	Beverly Martin	\$10 m	\$15 n/m
Writing	Jack McKellar & Joanne Stewart	\$5 m	\$6 n/m
Yoga	Padma Rudraraju	\$3 m	\$5 n/m
Zumba	Leatrice Bachan	\$3 m	\$5 n/m

m = Members n/m = Non-Members

March Calendar

Sun. Monday Tuesday Wednesday Thursday Friday

<p>2</p>	<p>3 Yoga 8:45am - 9:45am Bocce 9:00am - 11:30am Stretch & Condition 10:00am - 11:00am Latest Health News 11:00am - 12:00pm Blood Pressure Checks 11:45am - 12:15pm Bridge 12:15pm - 4:00pm Canasta 1:00pm - 4:00pm Mahjong 2:00pm - 4:00pm Zumba Friends 6:00pm - 7:00pm</p>	<p>4 Bocce 9:00am - 11:30am Zumba 9:00am - 10:00am Writing Class 10:00am - 12:00pm Beg/Int Line Dance 12:00am - 1:00pm Home Arts 2:00pm - 9:00pm</p>	<p>5 Bocce 9:00am - 11:30am Meals on Wheels 11:30am - 12:00pm Bocce 12:00pm - 2:00pm Bingo 1:00pm - 3:00pm Technology Open Session 3:00pm - 4:30pm Yoga 5:45pm - 6:45pm</p>	<p>6 Bocce 9:00am - 11:30am Watercolor 9:00am - 12:00pm Zumba 9:30am - 10:30am Yoga 10:45am - 11:45am Beginning Ukulele 12:00am - 1:00pm Cribbage 1:00pm - 4:00pm Poker 1:00pm - 3:30pm Pinochle 2:00pm - 4:30pm SVSC Board Meeting 3:15pm</p>	<p>7 Bocce 9:00am - 11:30am Beg/Int Line Dance 9:00am - 10:00am Stretch & Condition 10:00am - 11:00am Potluck Friday 11:15pm - 12:45pm Art of Therapy 11:00am - 12:30pm Line Dance Social 7:00pm - 9:00pm</p> 
<p>9</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);">Daylight Saving Time begins</p>	<p>10 Yoga 8:45am - 9:45am Bocce 9:00am - 11:30am Stretch & Condition 10:00am - 11:00am Coffee & Conversation 10:30am - 12:00pm Latest Health News 11:00am - 12:00pm Blood Pressure Checks 11:45am - 12:15pm Bridge 12:15pm - 4:00pm Canasta 1:00pm - 4:00pm Mahjong 2:00pm - 4:00pm Zumba Friends 6:00pm - 7:00pm</p>	<p>11 Bocce 9:00am - 11:30am Zumba 9:00am - 10:00am Writing Class 10:00am - 12:00pm Muncheon Movie 12:00am - 3:30pm</p> 	<p>12 Bocce 9:00am - 11:30am Meals on Wheels 11:30am - 12:00pm Bocce 12:00pm - 2:00pm Bingo 1:00pm - 3:00pm Technology Open Session 3:00pm - 4:30pm Yoga 5:45pm - 6:45pm</p>	<p>13 Bocce 9:00am - 11:30am Watercolor 9:00am - 12:00pm Zumba 9:30am - 10:30am Yoga 10:45am - 11:45am Beginning Ukulele 12:00am - 1:00pm Cribbage 1:00pm - 4:00pm Poker 1:00pm - 3:30pm Pinochle 2:00pm - 4:30pm Bunko 1:00pm - 3:00pm</p>	<p>14 Bocce 9:00am - 11:30am Beg/Int Line Dance 9:00am - 10:00am Stretch & Condition 10:00am - 11:00am Art of Therapy 11:00am - 12:30pm St. Patrick's Day Dinner 5:00pm to 7:00pm</p> 
<p>16</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);">St. Patrick's Day</p>	<p>17 Yoga 8:45am - 9:45am Bocce 9:00am - 11:30am Stretch & Condition 10:00am - 11:00am Latest Health News 11:00am - 12:00pm Blood Pressure Checks 11:45am - 12:15pm Bridge 12:15pm - 4:00pm Canasta 1:00pm - 4:00pm Mahjong 2:00pm - 4:00pm Zumba Friends 6:00pm - 7:00pm</p>	<p>18 Bocce 9:00am - 11:30am Zumba 9:00am - 10:00am Writing Class 10:00am - 12:00pm Beg/Int Line Dance 12:00am - 1:00pm Home Arts 2:00pm - 9:00pm</p>	<p>19 Bocce 9:00am - 11:30am Meals on Wheels 11:30am - 12:00pm Bocce 12:00pm - 2:00pm Bingo 1:00pm - 3:00pm Technology Open Session 3:00pm - 4:30pm Yoga 5:45pm - 6:45pm</p>	<p>20 Bocce 9:00am - 11:30am Watercolor 9:00am - 12:00pm Zumba 9:30am - 10:30am Yoga 10:45am - 11:45am Beginning Ukulele 12:00am - 1:00pm Cribbage 1:00pm - 4:00pm Poker 1:00pm - 3:30pm Pinochle 2:00pm - 4:30pm</p>	<p>21 Bocce 9:00am - 11:30am Beg/Int Line Dance 9:00am - 10:00am Stretch & Condition 10:00am - 11:00am Art of Therapy 11:00am - 12:30pm Zentangles 11:30am - 12:30pm</p>
<p>23</p>	<p>24 SAME MONDAY SCHEDULE (SEE 17TH)</p>	<p>25 Bocce 9:00am - 11:30am Zumba 9:00am - 10:00am Writing Class 10:00am - 12:00pm Beg/Int Line Dance 12:00am - 1:00pm Home Arts 2:00pm - 9:00pm</p>	<p>26 Bocce 9:00am - 11:30am Meals on Wheels 11:30am - 12:00pm Bocce 12:00pm - 2:00pm Bingo 1:00pm - 3:00pm Technology Open Session 3:00pm - 4:30pm Yoga 5:45pm - 6:45pm</p>	<p>27 Bocce 9:00am - 11:30am Watercolor 9:00am - 12:00pm Zumba 9:30am - 10:30am Yoga 10:45am - 11:45am Beginning Ukulele 12:00am - 1:00pm Cribbage 1:00pm - 4:00pm Poker 1:00pm - 3:30pm Pinochle 2:00pm - 4:30pm Armchair Topics 1:00pm - 2:00pm Birthday Celebrations 2:00pm - 3:00pm</p>	<p>28</p> <p>Furlough Friday Center is CLOSED</p> 
<p>30</p>	<p>31 SAME MONDAY SCHEDULE (SEE 17TH)</p> <p>Spring Pancake Breakfast Sunday, March 30th 8:00am - Noon</p> 				

Sunshine Note



Thinking of You, We Miss You ~

Hoppy Bartlebough, Gloria Crivello, Marlene Crook, Paul Feeley, Nancy Haver, Fran Rosen & Tom Steinhaus

Cheers To All These Years...

Happy Anniversary to SVSC Yoga Instructor, Padma Rudraraju and her wonderful husband of 33 years, Pandu!



Gone But Not Forgotten

Annette Marcum

Feb 8, 1938 ~ Jan 18 2014

On her 76th birthday we celebrated her life, her good deeds and the amazing legacy of Valley Churches United Missions that Annette has left for others to continue in her stead. The cause of her legacy was started by a force of nature, the rain floods of 1982. So it was fitting that the service took place on a day filled with much needed rain to help us with our drought – Annette, once again perhaps working her charm with “someone in the know”! Rest in Peace Annette ~ you deserve it, Heaven has another angel...



The Sunshine Girls...

As usual, they are continuing to do a fantastic job of keeping up with all of our members and the state of their health, milestone celebrations, etc. I think the USPO has picked up quite a bit of business from the center! **Thank you Candy, Carol, Rosine and Sonia for doing such a great job!**

*A Big Thank You To Our
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Welcome New Members

Tom Ard, Larry Bidinian, Genie Dee, Maria Demarest, Linda Depner, Diana Garbutt, Sue Greco, Nancy Haver, Joan Jacobs, Kathy Johnson, Bill Kinney, Marilyn Kinney, Webster Kneass II, Unhae Langis, Wilene Miller, Nancy Park, Joanne Stewart, Joan Teitler, Rita Whittam and Victoria Wilson

THANK YOU FOR JOINING OUR SCOTTS VALLEY SENIOR CENTER

Want to become a member?

Join the center, join the fun...It's easy as 1.2.3.

- 1 - See one of our nice receptionists during center hours
- 2 - Spend two minutes filling your membership application form
- 3 - Turn in form and \$20 annual fee to the nice receptionist – **DONE!**

Donations to the Center

Zora Dennis - \$5 towards the sound system
Ruth & John Lambert - \$35 towards the sound system
Lori Lindeke - \$30 towards the sound system



**THANK YOU FOR YOUR CONTRIBUTIONS,
WE APPRECIATE IT!!!**

Boutique Donations Needed

If you are moving or down-sizing or just having a clean-out, please think of donating to The Boutique. Sue and Linda look forward to receiving your items to display and sell in the store.



Scotts Valley Senior Center Van Information

Please give at least 24 hour notice for all van trips and pick up has to be within Scotts Valley.

Remember, our drivers are volunteers and sometimes unavailable to drive.

- Monday:** Groceries and Banking
- Tuesday:** Medical Appointments/Groceries
- Wednesday:** Lunch and Bingo at the Center
- Thursday:** Medical Appointments/Groceries
- Friday:** Shopping

VAN DONATIONS

Members

- Travel within Scotts Valley:
\$1.50 one way or \$3.00 round trip
- Travel outside Scotts Valley:
\$6.00 one way or \$7.00 round trip

Non/Members

- Travel within Scotts Valley:
\$2.00 one way or \$4.00 round trip
- Travel outside Scotts Valley:
\$7.00 one way or \$8.00 round trip

Van Donation price allows a total of two stops.
Each additional stop is \$.50



Looking For a New Tablet, Laptop, Computer, Phone, etc.

Did you know that All Tablets are not the same? Did you know that some Tablets are assigned a phone number, that you can Not use? Did you know that you may be able to do everything you need on a Smart Phone?



Here is an example of some very confusing information. The Microsoft Surface 2 is a Tablet with many online capabilities. The Microsoft Surface Pro 2 is a true laptop computer with tablet and computer ability.

Tablets come in many styles and abilities. You can purchase a Tablet that will only access to the internet when it is attached to a wireless network at your home or any other location. Other Tablets will access the internet through wireless connections or through your Cell phone account. (These usually cost an additional \$10 to \$15 per month even if you do not connect to the internet on your Cell phone account)

Laptops and Computers are still the same as they have been in the past, except that they are faster, can store more information and can perform many useful tasks. (Like typing this article) For home use they are still you best buy for the money.

Smart Cell Phones are becoming more like Tablets with phone capabilities. Some of the new phones have a larger screen which makes them easier to read, but harder to put in your pocket. Many applications are now available for Cell phones and tablets alike. The biggest problem with Smart Cell Phones for Seniors is their size. They will do the tasks you want, but you may not be able to read the results due to its size.

What is the Answer???? The answer comes from looking at many of these products and trying them yourself. Do not let a pushy salesperson force you into something you do not need. Take your time and try more than one store before buying. You may also want to take one of our Senior Center Technology classes to ask questions and see demonstrations.

Opinions by **Ferd Bergholz**

Focus on the Instructor ~ Jack McKellar

Submitted by Margaret Schraft



It is a pleasure to introduce you all to Jack McKellar, co-leader of the **Memoir Writing Class** at the Scotts Valley Senior Center. A native Californian who was born in Inglewood, Jack attended school until completing his college bachelor's degree in chemistry. After graduating, he worked in a chemical lab in Los Angeles for ten years.

Jack soon married and after the birth of his first child, he and his wife decided to leave the LA area and move north to San Jose. Jack found employment as an engineer in the aerospace industry with IBM. In addition, he went back to college and earned a master's degree in physical science. By the time he completed this degree; he had two children and wanted to move out of the Silicon Valley. He relocated his family to the Glenwood Drive area of Scotts Valley.

Continuing his employment with IBM, they felt that Jack would be the person to help its future engineering employees learn how to write. Consequently, he was offered a part-time position at San Jose State University doing just that. After some time, Jack decided to retire early from IBM but as he enjoyed teaching so much, he decided to continue teaching writing and engineering in the School of Engineering at SJSU. In 2011, Jack decided to retire completely, and he now resides in the west side of Santa Cruz near UCSC.

Jack had always been interested in the Scotts Valley Senior Center, and after his retirement, he stopped by to see if he could volunteer to share his talents. He and Darshana felt that his interest in writing was a perfect fit for the writing class she wished to offer. Thus was born the "Memoir Writing Class" now offered at SVSC. Jack and his co-teaching partner, Joanne Stewart, have ten students presently working on their own memoirs. Tuesday mornings abound with gales of laughter and bouts of creative silence as Jack and Joanne share their talents and insights.

We thank you Jack, for joining our fantastic teaching staff at the Scotts Valley Senior Center. Your valuable contribution of time and talent is much appreciated. Stop by and see if this is a class for you!

The Memoir Writing Class

Tuesdays from 10am to Noon in the Library/Computer Room
Members: \$5.00 and Non-Members \$6.00

LUNCH SPECIALS

Provided by Meals on Wheels

The **SCOTTS VALLEY SENIOR CENTER** serves lunch and plays Bingo every Wednesday.

Lunch starts at 11:30 am till 12 Noon

Donation of \$2.50.

You MUST sign up by Tuesday at noon so that there is sufficient food for all the diners.

March 5

Cheese Lasagna
Italian Style Green Beans
Caesar Salad
WW Roll/ Butter
Banana

March 19

Vegetable Quiche
Vegetable Medley
Tossed Green Salad
WW Roll/ Butter
Banana

March 12

Beef Fajitas
Pinto Beans
Green Salad
Mexican Rice
Fresh Fruit

March 26

Baked Fish w/ Lemon Wedge
Sweet Potato
Coleslaw
Fruit Crisp



Wednesdays from 1:00-3:00pm, right after our Meals on Wheels luncheon. Project Scout runs the bingo games and everyone is invited. We hope to see you here! Cards are .50 each and we also have the pull tabs! 438-8666 for more info.

Bingo cards are brought out at 12:30 pm.



Keep Your Brains Active



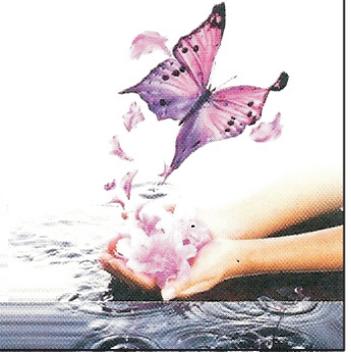
The Bridge group is always looking for intermediate to advanced players to join them or you might want to join the Canasta gang or the Mahjong crowd instead. Both of these groups welcome new players to their groups. The same goes for the Pinochle, Cribbage, Poker and Bingo folks, all of whom would welcome new faces ~ See the schedule for dates and times.

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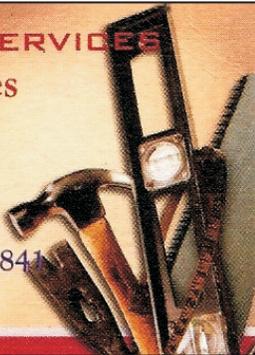
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Scotts Valley Property Management

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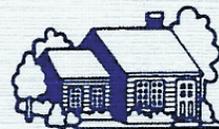
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1777A Capitola Road
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www.seniornetworkservices.org

Scotts Valley Senior Center Hours

Monday, Wednesday:
10:00am - 4:00pm

Tuesday, Thursday and Friday:
10:00am-2:00pm

Other Hours for Special Events

Directors office hours:
10:30am to 1:30pm on work days

Phone Number: 438-8666

Address:
370 Kings Village Road
Scotts Valley, CA 95066

Please note - On the fourth Friday of every month, the center will be closed due to the City of Scotts Valley furlough days. No classes or activities will take place on these days. We apologize for any inconvenience this may cause.

See this and older newsletters on the internet at www.fbergholz.com
Senior Center Website: www.scottsvalley.org/parks/senior_center.html

Scotts Valley Senior Center Mission Statement

The Senior Center's purpose is to provide a place where seniors may find companionship, help and the opportunity to pursue their interests in educational, recreational and craft activities, and to promote the goodwill and public interests of the community. It is a non-profit, non-sectarian and non-political organization of friendly neighbors.

Dues are \$20.00 per year, payable each July 1st. All donations are tax-deductible. Please make check payable to Scotts Valley Senior Center. Lifetime Membership fee is \$100. To be eligible for membership, you must be 50 years or older.

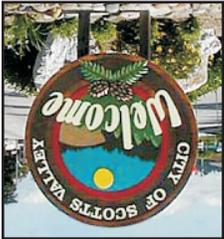
Darshana Croskrey
Center Coordinator

(831) 438-8666
dcroskrey@scottsvalley.org

Scotts Valley Senior Center Board Members

Ferd Bergholz ~ Chairman of the Board	
Harvey Bustichi	Gary Cramer
Gillian McGlaze	Terri Ritchie
Margaret Schraft	Tom Steinhaus

FURLOUGH FRIDAYS ~ CENTER CLOSED: 3/28, 4/25, 5/23, 6/27, 7/25, 8/22, 9/26, 10/24



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